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این پک به صورت کامل برای تمام دروس تجربی با یک قیمت حداقلی که تمام افراد توانایی پرداخت آن را دارند منتشر شده بنابراین استفاده رایگان از آن مورد رضایت ما نخواهد بود جهت تهیه روی همین متن قرمز لمس یا کلیک کنید

درس دوم

درک مطلب (reading comprehension)

1 Read the passage and answer the following questions.

There is a saying in English: "Laughter is the best medicine." Now recent studies show that this saying might really be true.

Everyone knows that stress is bad for your health. It prevents you from living a normal life. It can give you headaches. It can cause heart attacks and other serious medical problems.

Laughing decreases all the stresses of daily life. Then the body is able to fight disease better. When a person laughs his or her blood pressure goes down. When this happens, breathing becomes deeper, sending more oxygen all around the body.

Laughter is good exercise, too! Doctors believe that a person can burn as many calories by laughing as by riding a bike for several minutes.

Laughter can even help improve your memory. When you laugh, you start to feel calmer both physically and mentally. This keeps the brain more active and therefore, helps you to remember more information.

Some doctors are asking their patients to take laughter seriously along with certain drugs and a healthy and balanced diet. It's easy to include laughter in your daily schedule. Just read something that makes you laugh or watch a funny video. And who knows—it might help you cure of a disease!

الف Choose true or false.

1. It's better for your health to laugh than to ride a bike.
2. You will remember things better if you laugh after you learn them.
3. Laughing helps carry more oxygen to the body organs.

ب Laughter can help

- a. increase the stress
- b. gain weight
- c. plan your schedule
- d. control blood pressure

پ The underlined word this in the second paragraph refers to

- a. increasing stress
- b. fighting disease
- c. laughing at something
- d. decreasing blood pressure

ت According to the passage, which of the following is NOT true?

- a. Laughter is one form of exercise.
- b. Laughter is better than medicine.
- c. When you laugh you have less stress.
- d. Laughing is an effective way to improve your health.

ث How can laughter help you remember things easier?

.....

ج What are the negative effects of having stress in your daily life?

.....

2 Read the passage and answer the following questions.

The modern lifestyle has had both positive and negative effects on people's lives. Modern technologies have enabled us to have easy access to information, become more creative, experience fast communication, travel easier, and have a more comfortable life. Have you ever imagined a world without the Internet, tablets, mobile phones, airplanes, and vacuum cleaners? Most people cannot do that, as technology is the miracle of our time.

But using new technologies has changed people's lifestyle in a harmful way in this century as well. Some technologies are dangerous to our health and can harm our body. Using mobile phones or surfing the Internet for long hours can increase people's blood pressure and cause sleep problems. Playing video games for long hours makes people nervous and harm their heart and nervous system. Listening to music by headsets can be harmful to one's hearing and even brain.

Using technology in a wrong way has created bad habits and new types of addictions. It is not strange now to call someone an Internet or mobile addict. Technology addicts are people with serious problems to control themselves to use various kinds of technology, in particular the Internet, smartphones, tablets and laptops. Technology addicts do not like to socialize with people; instead, they prefer to be alone and spend lots of their time working with their devices. This makes them depressed and impatient.

Specialists have found different ways to cure technology addicts. To avoid this type of addiction, people should spend more time with their friends and family members, do daily exercise, and limit the time of working with technologies. They also need to enjoy nature more and have regular plans to travel.

الف True or False.

- 1. Technology has only negative effects.
- 2. Listening to music is harmful.
- 3. Technology may cause depression.

ب Answer the following questions.

1. Who is a technology addict?
2. Are there any cure for technology addicts.

پ Write the main ideas of paragraphs 2 and 3.

۳ متن زیر را بخوانید و با توجه به مفهوم متن داده شده، مکالمه زیر را کامل کنید.

People's busy lifestyle in big cities has created many problems for their health. Rushing to and from school and work has made it hard for everyone to be physically active. Many people do not have time to cook or prepare healthy food. They eat unhealthy snacks and junk food. This type of diet has changed people's taste and many young people now prefer fast food to homemade dishes. Watching TV and working with technology for long hours have also risked people's health. They have increased the risk of heart diseases and sleep disorders.

Jack: What is wrong with rushing to and from school?

peter: (1)

Alice: Why do people eat snacks and junk food these days?

peter: (2)

Alice: What has increased the risk of heart diseases and sleep disorders?

peter: (3)

4 Read the following passage and then answer the questions.

Having a Healthier and Longer life

Have you ever thought of a healthy lifestyle to live longer? People can do many things to have a healthier life. Most people have a special diet or do lots of exercise; however, without a careful plan they may hurt themselves.

To have a healthier lifestyle, people need to do certain things. First they should check their general health. Measuring blood pressure and heartbeat is the most important thing to do. They also need to check their family health history. In this way, they understand if anyone in the family has had a special illness. Another thing is paying attention to physical health. For example, eating healthy food helps people live longer and prevents diseases. Eating junk food makes people gain weight, and increases the risk of heart attack. Eating balanced servings of bread, vegetables, fruits, protein, and oil is necessary for everyone. Also, daily exercises improve people's health condition.

An effective way to enjoy a better lifestyle is having healthy relationships with others.

Recent research has shown that a good social life decreases the risk of death. Sadly, some people do not visit their relatives very often these days. They are really busy with their work and usually use technology to communicate.

Bad habits and addiction can be harmful to health. One day of smoking can take around 5 hours away from the smoker's life. Addiction to technology such as using computers for a long time is also dangerous.

Above all, the most important thing to enjoy a good life is having emotional health. Praying decreases stress and gives people a calm and balanced life. People with this lifestyle have had a better life.

There are many other things people can do to live healthier and longer. The key point, however, is having a plan for the way they want to live and take care of their physical and emotional health.

الف Read the following sentences. Find each idea in the reading and then write the number of the paragraph that discusses it.

- Having a healthy relationship with others makes our lives better. Paragraph
- Addiction is a harmful habit. Paragraph
- Paying attention to our food is necessary for our physical health. Paragraph

ب Scan the reading. Circle the main idea.

- a) Smoking is harmful to health.
- b) Having a healthy and long life needs a careful plan.
- c) Praying gives people a healthy life.

پ Scan the reading to find the following information.

- a) What increases the risk of heart attack?
- b) How can we check our general health?
- c) What is the most important factor to have a healthier life?

۵ جملات زیر را با دقت بخوانید و بهترین پاسخ را پیدا کنید.

الف Most people have a special diet or do lots of exercise. But without a careful plan, they may hurt themselves.

We understand from the above sentences

- a) diet and doing exercise is enough to have a better life
- b) a healthier life depends on the way we eat and careful exercise
- c) with a careful plan, we can hurt ourselves
- d) one of them (diet or careful exercise) is enough to have a healthier lifestyle

ب One good way to have a better lifestyle is having healthy relationships with others. Recent research has shown that a good social life decreases the risk of death.

It shows that

- a) living alone is good for our health
- b) social life is very dangerous
- c) our relatives are harmful for us
- d) social life means having good relationships with others

۶ با توجه به مفهوم جمله داده شده، بهترین گزینه را انتخاب نمایید.

الف Technology has helped researchers and scientists of our time. New medicines and medical inventions have saved the lives of many people.

- a. Technology has improved people's lifestyle in recent years.
- b. We can see a lot of medical development because of technology.

۷ متن زیر را با دقت بخوانید و به سوالات داده شده پاسخ دهید.

Technology is a necessary part of life in the modern world. People are so dependent on technology that they cannot live without it. Technology has influenced all areas of human life today. It has made life comfortable by faster and easier communication and transportation. It has made education available to all and has improved health care services. Technology has changed the world into a smaller and a better place to live. Without technology meeting the needs of human would be impossible.

It is difficult to imagine how life would be without technology. People use technology in the following areas:

transportation, communication, education, health care, and business. Despite its usefulness, technology may have negative effects on society. Using technology in the wrong way may create bad habits and new types of addictions. The growth of technology has changed the world and has influenced life greatly. Technology changes all the time, and its changes influence humans lives and lifestyles.

الف Human life is under the influence of technology.

- a) True b) False

ب Technology has made education easy to access for all.

- a) True b) False

پ Which of the following is true about technology?

- a) Life with technology is impossible. b) Technology are dependent on wildlife
c) Technology always changes. d) Technology has no influence on people's health

ت "Without technology meeting the needs of human would be impossible." It means

- a) Technology helps people get what they want
b) People cannot meet each other without using technology
c) People need to meet each other through technology
d) Without technology, it is not possible to meet human

ث How can technology make the life comfortable?

ج When may technology have negative effects on society?

8 Read the passage and answer the following questions.

If you want to live a healthy lifestyle, here are a few things that you should do: exercise regularly, eat a balanced diet, avoid certain foods, drop those extra kilos — and pray. That's right, regular prayer has been shown in several scientific studies to be an important factor in living longer and staying healthy. Interestingly, it doesn't matter if you pray for yourself or for others, pray to cure a disease or for peace in the world — the effects appear to be the same.

The relationship between prayer and health has been the subject of many studies over the past 40 years. Dr. Herbert Benson, a heart specialist at Harvard Medical School and an expert in the field of mind/ body medicine discovered that at prayer times, the body's metabolism decreases, blood pressure goes down and our heartbeats become calmer and more regular. Other studies show that prayer improves the immune system and helps to lower the frequency of a wide range of illnesses. Also, praying practices have been shown to help decrease the stress levels. This is especially important because scientists believe that over half of all diseases like depression, high blood pressure and migraine headaches are caused at least in part by increased levels of stress and anxiety.

الف Choose true or false.

1. To stay healthy, it would be more effective if you pray to cure a disease than to pray for yourself.
2. Studies show that we have a higher blood pressure during the time we pray.
3. More than 50 percent of all diseases are somehow because of the daily life stress.

d. fall

d. lower our heartbeats.

.....

d. unhealthy

d. on weekends

.....

ث How have humans become antisocial beings in the modern age?

۱۰ با توجه به متن، بهترین گزینه را پیدا کنید.

الف Art shows the way of life and identity of nation and reflects the history of a society.

In the above sentence, which of the following hasn't been identified?

- 1) lifestyle 2) culture 3) economy 4) understanding people

ب It is necessary to change our lifestyle to have a healthier, happier and longer life.

In the above sentence, It refers to ""

- 1) changing our lifestyle 2) having a healthier life 3) having a happier life 4) having a longer life

۱۱ با توجه به مفهوم جملات داده شده گزینه صحیح را انتخاب کنید.

الف Technology addicts do not like to socialize with people; instead, they prefer to be alone and spend lots of their time working with their devices.

- a. They prefer to be alone and use their devices a lot.
b. They want to work and spend money on devices.
c. They are alone because they dislike their devices.
d. They like other people and spend time with them a lot.

ب This type of diet has changed people's taste and many young people now prefer fast food to homemade dishes.

- a. Fast food is popular among all the people of the world.
b. Fast food is better than homemade dishes.
c. Fast food is more popular than homemade dishes among young people.
d. Fast food changes the type of homemade dishes.

گرامر (grammar)

۱۲ Fill in the blanks with the correct form of the verbs.

1. Sheida (finish) reading the book yet.
2. Have you ever (read) that storybook?
3. The workers (work) in this factory for 25 years.
4. Reza (find) a job yet.
5. I (go) to school since ten years ago.

۱۳ I am 55 years old now and I am going to retire this week. When I look back and read the book of my life, I see that I (have - have had) a very interesting life. I was born into a good family. My father was a teacher and my mother was a nurse. They always worked very hard and gave me a normal and healthy life. When I was a kid, I (wanted - have wanted) to become a firefighter. After university, I (join - joined) the Fire Service. I (have worked - work) there for 30 years. It is a really difficult but exciting job. I (worked - work) very hard to become a good firefighter. I (have been - was) in many missions for the past 25 years. But honestly, I don't remember how many lives I (have saved - save) and how many people I (have made - make) happy. Of course one thing I know for sure: I (have enjoyed - enjoy) very minute of my life as a firefighter.

14 Choose the correct time expression.

1. It snowed **recently** / in 2010.
2. Has he **ever** / **recently** taken a photo of you?
3. I haven't eaten any chocolate **yesterday** / **recently**.
4. She's met Helen in **September** / **twice**.
5. We saw Jack **ever** / **at nine o'clock**.
6. They've **never** / **on the weekend** visited us.
7. Did he phone you **recently** / **on Sunday**?
8. I've read this book **never** / **lots of times**.

15 Complete the sentences with the present perfect. Use the verbs in brackets.

Example:

She's **seen** (see) the photo.

- | | |
|----------------------------------|--|
| 1. Paul (clean) the floor. | 2. The flowers (not grow) a lot. |
| 3. I (tell) Bill about it. | 4. She (not do) her homework. |
| 5. We (have) lunch. | 6. David (not see) us. |
| 7. We (win). | 8. The film (start). |

16 Write the past participles of the following verbs.

- | | | | |
|----------|-------|----------|-------|
| 1. see | | 2. send | |
| 3. speak | | 4. spend | |
| 5. tell | | 6. break | |
| 7. write | | 8. win | |

17 Unscramble the following sentences.

1. English - to - speak - learning - at all - hard - isn't.
2. the lake - went - at - yesterday - fishing - we.
3. driven - ever - car - have - a - you?
4. classroom - I - tired - really - of - am - in - sitting - the.
5. too - I - time - watching - much - television - spend.
6. brother - yet - woken - hasn't - up - my.

18 Write the following verbs in the correct column. Remember: some words can go in both columns.

drank – run – had – bought – spoke – left – written – done – drunk
– made – ran – read – chose – spoken – did – took – chosen – taken – wrote

past simple	past participle

19 Complete the sentences with since or for.

- Have you had that book you were eight?
- We've been here five minutes.
- She's worked there ten years.
- I haven't seen you August.
- He's been ill a long time.
- She's played tennis 2009.
- You've lost weight last month.
- I've known Ryan three months.

20 Write the time expressions in the correct place.

April – ten days – nine o'clock – 2002 – two weeks – a short time – three years
– 1st October – Sunday – I was eight – a few minutes – about half an hour

since ...	for ...

21 Choose the correct word.

- Have you **never** / **ever** eaten fish and chips?
- I've **ever** / **never** been to the US.
- Mary has **never** / **ever** had a cold.
- Has Ben **ever** / **never** worked in an office?
- Have Mary and Bill **ever** / **never** invited you to their home?
- Amy's teachers have **never** / **ever** known such a clever student.

22

Match the sentence halves.

1. He's already put
2. She hasn't had
3. He's already cleaned
4. It hasn't stopped
5. She's already taken
6. He hasn't gone

- a. to work yet.
- b. breakfast yet.
- c. the car.
- d. the dishes in the cupboard.
- e. raining yet.
- f. the dog for a walk.

23

Match the sentence halves.

1. Jack has worked in the same office for
2. I've lived in the same house since
3. They've been friends since
4. The food has been in the microwave for
5. Sarah has been away at university since
6. Tim's brother has been good at math since

- a. he was five.
- b. she started last term.
- c. they met at school.
- d. three years.
- e. I was born.
- f. three minutes.

24 Complete the sentences with a verb from the box in present perfect or past simple.

be – finish – quit – watch – not smoke – enjoy – win – live

1. She smoking two months ago.
2. She for two months.
3. you ever to Shiraz?
4. you that TV show last night?
5. They still live in that town. They there for ages.
6. A friend of mine a gold medal in cycling three years ago.
7. When you your homework?
8. They themselves at the party last summer.

25 Unscramble the following sentences.

1. smoking – has – up – given – yet – father – your?
2. socializing – and – family – she – enjoys – with – friends – her.
3. the – long – Internet – for – sleep – hours – surfing – problems – can – cause.
4. buying – old – was – car – my – interested – nobody – in.
5. haven't – she – since – seen – hiking – her – we – went.
6. about – talked – hours – we – Tabriz – to – moving – for.

26 Choose the correct word.

1. Sally isn't here. She's **gone** / **been** to the bank.
2. I'm tired because I've just **been** / **gone** for a swim.
3. Kevin's back now - he's just **been** / **gone** to the supermarket.
4. Rita's **gone** / **been** to buy some lunch. She'll be back in a minute.
5. Have you ever **gone** / **been** to the mountains?
6. Tom has **been** / **gone** to a meeting, so he won't be in the office today.

27 Complete each sentence with one of the following verbs (in the correct form):

answer - lose - make - be - pay - forget - read - try - listen - live - use

1. He tried to avoid my question.
2. Could you please stop so much noise?
3. I enjoy to music.
4. If you put your money in that bank, you risk your money.
5. Have you finished the newspaper yet?
6. We need to change our lifestyle. We can't go on like this.
7. I don't mind you my phone, but please ask me first.
8. My memory is getting worse. I keep things.
9. I've given up to lose weight- it's impossible.
10. What a stupid thing to do! Can you imagine anybody so stupid?

28 Use the prepositions in the box below to complete the sentences. There is one extra preposition.

on - from - with - in - into - against - by - of - about

1. I'm tired watching television; let's go for a walk.
2. Have you succeeded finding a job yet?
3. I retired teaching three years ago.
4. I enjoy socializing the other students.
5. How long did you spend your homework?
6. I'm sorry shouting at you yesterday.
7. They decided traveling to Europe. They went to Australia instead.
8. She made herself ill not eating properly.

29 Complete these sentences with the correct form of the following phrases.

go riding – go sailing – go shopping – go skiing – go swimming

1. Ben lives by the sea and he's got a boat, so he often
2. It was a very hot day, so we in the lake.
3. There's plenty of snow in the mountains, so we'll be able to
4. Helen has got two horses. She regularly.
5. 'Where's Dan?' 'He's There were a few things he needed to buy.'

30 Complete the sentences with the **present perfect** form of the verbs in brackets.

1. your homework? (you/do)
2. all the museums in the town. (we/visit)
3. her new computer? (Helen/use)
4. Fred today? (anyone/see)
5. a bus? (he/ever drive)
6. How many plates ? (they/break)
7. fish. (I/never eat)
8. 'What's the matter?' 'I'm late and ' (the bus/not arrive)

31 Circle the correct answer.

1. There's no point in / on having a car if you never use it.
2. The rain didn't stop us of / from enjoying our holiday.
3. I don't usually carry my passport with me. I'm afraid of / from losing it.
4. I don't agree with / in cutting down trees. I think it's wrong.
5. You can improve your English by / with reading more.
6. People give different reasons for / of wanting to change jobs.

32 Complete the second sentence so that it means the same as the first.

Example: I don't want to listen to this song again.

I'm bored with listening to this song.

- | | |
|---|---|
| <p>1. Alice sings very well.
Alice is good at</p> <p>3. I can't type very fast.
I'm slow at</p> <p>5. This video can help you improve your English.
This video is useful for</p> <p>7. You've made the dinner. That's nice.
Thank you for</p> | <p>2. I'd like to buy that phone.
I'm interested in</p> <p>4. She may arrive late. She's worried.
She's worried about</p> <p>6. We may go to a concert on Saturday.
We're thinking of</p> <p>8. I'm going to watch a good film tonight.
I have a plan for</p> |
|---|---|

33 Complete the sentences with the -ing form of the verbs in the box.

cook – hike – do – lose – meet – win – sleep – swim – clean – wait – practice – drink

- | | |
|--|--|
| 1. I hate for the bus. | 2. Billy keeps his keys. |
| 3. Did you go in the lake? | 4. Have you finished your room? |
| 5. I don't mind the washing-up. | 6. I've given up cola. |
| 7. Rosy is still in bed. She loves ! | 8. I like eating but I dislike |
| 9. I love prizes. | 10. My friend goes every day. |
| 11. You can improve by | 12. We enjoyed head teacher. |

34 My uncle has traveled to more than 5 countries 2015.

- a) for b) since c) ever d) of

35 عبارات فعلی صحیح را در جای خالی به کار ببرید.

(call back , check in , grew up)

1) A: Alice likes to try different foods from all over the world.

B: Yes, I think because she (1) in different countries.

2) A: What are they doing at the hotel?

B: They want to (2)

36 در مکالمه زیر، جاهای خالی را با شکل صحیح افعال داخل پرانتز کامل کنید. (زمان حال ساده یا ماضی نقلی).

Alice: We need somebody to work as a salesperson in the company.

Mary: I (1) (know). There are a lot of good candidates. We (2) (interview) 10 people since last week.

Alice: OK, the first person is John. He (3) (work) as a salesperson for 5 years.

Mary: sounds interesting, but has he ever worked in the food industry?

Alice: No, he (4)

37 They about traveling to the south yet.

- A) have thought B) haven't thought C) thought D) didn't think

38 Circle the correct option.

1. They haven't finished their dinner **already** / **yet**.
2. She's **already** / **yet** bought some bread.
3. You've **already** / **yet** told us about your holiday.
4. Alex hasn't cleaned his bedroom **already** / **yet**.
5. I've **already**/yet sent the message.
6. Have you decided where you want to go to eat **already**/yet?

39 Write the past simple and past participles of these verbs.

	past simple	past participle
1. know		
2. finish		
3. catch		
4. forget		
5. do		
6. put		
7. happen		
8. break		

40 It's summertime and Mina is happy. Write sentences about Mina with the Present perfect and "for" or "since".

Example: be/on holiday/two weeks
She's been on holiday for two weeks.

- | | |
|--|--|
| 1. not/do any homework/a month
..... . | 2. not/go to bed early/last Friday
..... . |
| 3. download/two new songs/yesterday
..... . | 4. not eat/school food/four weeks
..... . |
| 5. make/some new friends/last week
..... . | 6. fishing/three days
..... . |
| 7. visit/four new places/Saturday
..... . | 8. read/two books/her holiday started
..... . |

41 Rewrite the sentences using the -ing form.

Example:

It's easy to cook fish.

Cooking fish is easy.

- | | |
|---|---|
| 1. It's good to swim.
..... . | 2. It's difficult to drive a bus.
..... . |
| 3. It's important to laugh a lot.
..... . | 4. It's interesting to study history.
..... . |
| 5. It's healthy to eat vegetables.
..... . | 6. It's impossible to see in the dark.
..... . |
| 7. It's wrong to tell lies.
..... . | 8. It's fun to be with your friends.
..... . |

42 Look at the pictures and fill in the blanks with appropriate two-word verbs using 'present perfect tense.



- الف They yet.
ب I
پ 3. He
ت My brother yet.

۴۳ با توجه به تصاویر داده شده و کلمات داخل پرانتز جملات ناقص زیر را کامل کنید.

الف Maryam: What has your grandfather done this morning? (turn on)

Saba: My grandfather



۴۴ با توجه به تصاویر داده شده، جملات ناقص زیر را کامل کنید.

الف A: Why are you sad?

B: My friend is in hospital and he doesn't feel well.

A: Oh, no! I guess he smoking yet.

B: Honestly, not!



۴۵ Circle the correct option.

1. They **went** / **have been** to Istanbul and Antalya while they were in Turkey.
2. We **went** / **have been** to London and Oxford. We're really enjoying our trip to England.
3. The train **arrived** / **has arrived**. Let's get on.
4. They **arrived** / **have arrived** at six and left at half past seven.
5. Charlotte Bronte was a writer. She **wrote** / **has written** four novels.
6. Zac Ephron is an actor. He **made** / **has made** a lot of films.
7. Sam was cold because he **forgot** / **has forgotten** his coat.
- 8 'Can I have your homework?' 'Oh no! I **forgot** / **have forgotten** it.'
9. 'Are you hungry?' 'Yes, I am. I **didn't have** / **haven't had** anything to eat today.'
10. He wasn't hungry, so he **didn't eat** / **hasn't eaten** anything.
11. Harry **bought**/ **has bought** a new watch but then he lost it.
12. I **bought** / **have bought** a new pen. Look! Do you want to try it?

46 Unscramble the following sentences.

1. had – a lot – has – Mary – since – of – Jack – problems – she – met.
2. addictions – of – new technologies – using – created – new – has – types.
3. to – once – parking – she – car – decided – the – more – practice.
4. by – to – prefer – I – traveling – driving – train.
5. yet – she – homework – doing – has – her – finished?
6. you – not – mind – here – would – parking?

47 Complete the sentences with the present perfect or past simple form of the verbs.

1. 'Would you like to watch this DVD?' 'Yes, please. I that film'. (not see)
2. The teacher entered the room and the children up. (stand)
3. The rain while she was walking home. (stop)
4. ' you a new jacket?' 'Yes. It's cool, isn't it?' (buy)
5. They went to New York but they the Museum of Modern Art. (not visit)
6. 'Do you like her music?' 'Yes. I all her songs.' (download)
7. My phone isn't working. Someone it. (break)
8. you on the plane when you flew to Australia? (sleep)
9. She her homework before school. (do)
10. it raining?' 'Yes. Let's go and play tennis.' (stop)
11. He opened the cupboard and the coffee. (take)
12. 'She looks happy.' 'Yes. She music competition. (win)

48 Use the prepositions in the box below to complete the sentences. There is one extra preposition.

with – from – in – against – without – on – of

1. About 90 percent of patients can be cured the disease.
2. The whole family took part cleaning the house after the celebration.
3. I could see that Max was getting impatient me.
4. We tried to put the fire out but success. We had to call the fire brigade.
5. A bad cold prevented Bob attending the social event.
6. Catherine doesn't want to retire. She wants to go working.

49 Complete the sentences with ever, never, already, yet, just, still, since or for.

1. 'Have you met the President?' 'Yes. Once!'
2. Harry has had that phone five years!
3. We haven't been to the shops
4. Don't touch the door! I've painted it.
5. 'Do you like skiing?' 'I don't know. I've done it.'
6. My mum has loved singing she was a little girl.
7. John has known Alex a very long time.
8. 'Let's watch this DVD.' 'I'm sorry, but I've seen it.'
9. Tom hasn't finished his homework. It's ten o'clock!
10. Have they finished playing football ?
11. 'Do you know Sam?' 'No. I've met him.'
12. 'Would you like to read this book?' 'No thanks. I've read it.'

50

پاسخ صحیح را از بین گزینه های داده شده انتخاب کنید.

الف "What is she cooking right now?" "I don't know" .

- | | |
|------------------------|------------------------|
| a. what she cooks | b. what does she cook |
| c. what is she cooking | d. what she is cooking |

ب It was getting late, but Mary decided to go on

- | | | | |
|---------|----------|------------|------------|
| a. read | b. reads | c. reading | d. to read |
|---------|----------|------------|------------|

پ "Did you telephone your friends?" "No, I didn't call" .

- | | | | |
|-----------|------------|-----------|------------|
| a. up him | b. up them | c. him up | d. them up |
|-----------|------------|-----------|------------|

ت Mina usually drinks milk for breakfast. Today she coffee for breakfast.

- | | |
|-----------------------|----------------------|
| a. was going to drink | b. is going to drink |
| c. had drunk | d. has drunk |

ث A new airport in this area since 1381.

- | | | | |
|--------------|--------------|----------|-------------------|
| a. has built | b. was built | c. built | d. has been built |
|--------------|--------------|----------|-------------------|

ج I am looking for a(n) radio to listen to the news.

- | | |
|-----------------------|-----------------------|
| a. nice white Iranian | b. white nice Iranian |
| c. Iranian nice white | d. nice Iranian white |

51

پاسخ صحیح را از بین گزینه های داده شده انتخاب کنید.

الف I think that football for hours made him tired.

- | | | | |
|---------|------------|----------|-----------|
| a. play | b. playing | c. plays | d. played |
|---------|------------|----------|-----------|

ب "Is Ali taking off his shoes?" "Yes, he is taking" .

- | | | | |
|-----------|-------------|-----------|-------------|
| a. it off | b. them off | c. off it | d. off them |
|-----------|-------------|-----------|-------------|

پ We were shocked because the news was

- | | | | |
|-------------|------------|----------|---------------|
| a. shocking | b. shocked | c. shock | d. shockingly |
|-------------|------------|----------|---------------|

ت He is responsible the noise in the classroom.

- a. from b. to c. for d. on

ث Some young children enjoyed their mothers in the kitchen.

- a. to help b. helping c. help d. helped

ج A new hospital in this town two years ago.

- a. built b. had built
c. had been built d. was built

52 Look at the pictures and fill in the blanks with appropriate two-word verbs using 'present perfect tense'.

الف He is awake, but yet.



ب Mr. Smith just He's on his way to the airport.



پ Reza since he had a heart attack.



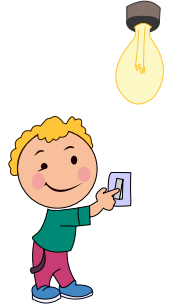
ت Mom's waiting, but John yet.



ث Mike just



ج He just



۵۳ ایمیل زیر از عبدالرحمن، دوست قطری بابک، است. انگلیسی او آنقدر خوب نیست تا از پسوندها و پیشوندها به درستی استفاده کند. اشتباهات را پیدا کرده و درست کنید.

Hi
Babak

I was going to travel to Isfahan tonight, but fortunately, I fell down and broke my legs. So, it is impossible to come tonight. If everything goes goodly, I can come next month. I really love seeing the wonderless city of Isfahan.

54

متن زیر نامه‌ای از دییگو، یک دانش‌آموز اسپانیایی است. در این نامه ۴ مورد اشتباه وجود دارد. آن‌ها را بیابید و تصحیح کنید.

I want to talk to my favorite food, kabab. I have knew it since I traveled to Iran. When I was there, two piece of it cost only two dollar. It is very delicious and nutritious. I liked it very much.

واژگان (vocabulary)

55 Match two halves. There is one extra sentence on the right.

A	B
1. Take this medicine every six hours.	a. I don't really mind at all.
2. Don't be so impatient.	b. I wish I could do something more creative.
3. This job is so boring.	c. It should take some of the pain away in a day or two.
4. I don't want to influence you.	d. I'm afraid she's a little hard of hearing.
5. Watch out!	e. We're not going to quit now.
6. You'll have to speak more loudly.	f. You must decide on your own.
7. There was a car accident near our school yesterday.	g. It was a miracle that nobody was killed.
8. We only just started.	h. I'm working as fast as I can.
	i. There's a car coming.

56 Match synonyms. There is one extra word on the right.

A	B
1. check	a. especially
2. candy	b. because
3. climb	c. watch out
4. shut	d. medicine
5. as	e. dislike
6. in particular	f. sweet
7. drug	h. tick
8. look out	i. go up

57 Fill in the blanks using your own knowledge.

- The sport or activity of riding a bicycle is called
- Eating vegetables is an important part of a healthy
- A person who spends a lot of time sitting and watching television is called a couch
- Technology has influenced the lives of people in both negative and ways.
- "When did you?" "Early in the morning."
- "Coffee or tea?" "I'd tea, thanks."

58 Fill in the blanks with the words in the box. There is one extra word in the box.

prefer - properly - manner - creative - imagined - weight - rarely - cure - addictions

- Have you ever a world without the Internet?
- Parents should teach their children to behave in public.
- Using technology in a wrong way has created bad habits and new types of
- Betty got deeply depressed when she started to gain
- She is loved and visited by many, and is alone.
- Some people like vanilla ice cream, but I chocolate.
- The scientists are trying to find a for Alzheimer's disease.
- The doctor had a relaxed and friendly

59 Match columns A and B. There is one extra word in column B.

A	B
1. higher	a. health
2. daily	b. system
3. emotional	c. exercise
4. a harmful	d. manner
5. nervous	e. diet
6. a balanced	f. education
7. a calm	g. invitation
	h. habit

60 Match columns A and B. There is one extra word in column B.

A	B
1. surf	a. a movie
2. gain	b. college
3. produce	c. unsafe
4. skim	d. the door
5. feel	e. the net
6. quit	f. weight
7. shut	g. cycling
8. go	h. the mission
	i. the newspaper

61 Match columns A and B. There is one extra word in column B.

A	B
1. family	a. topic
2. Mount	b. condition
3. heart	c. addicts
4. couch	d. cleaner
5. health	e. members
6. vacuum	f. Damavand
7. midterm	g. potato
8. television	h. attack
	i. exams

62

Fill the blanks using the following words.

a. worked b. jog c. hangs out d. eating e. surfing f. climbed

1. Behzad likes junk food when he's watching TV.

2. Reza is the net.

3. I go out and every morning at 6.

4. Mahdi with his friends on Fridays.

5. They Mount Damavand last year



63 Match the columns to make new words.

A	B
1. im	a. bacterial
2. dis	b. healthy
3. un	c. correct
4. in	d. charge
5. anti	e. order
6. re	f. polite

64 Match the columns to make new words.

A	B
1. dis	a. night
2. un	b. regular
3. anti	c. appear
4. mid	d. countable
5. im	e. biotic
6. ir	f. patient

65 Match the definitions with the words.

A	B
1. to run slowly	a. biking
2. a sweet food made with sugar or chocolate	b. candy
3. very sad and without hope	c. skim
4. relating to your feelings	d. quit
5. to look over or read something quickly to find the main ideas	e. jog
6. in a way that is correct or appropriate	f. depressed
7. to stop doing something	g. frequent
8. the sport or activity of riding a bicycle or motorcycle	h. properly
	i. emotional

66 Fill in the blanks with the words in the box. There is one extra word in the box.

prevent - quit - various - manner - cure - blood pressure - cycling - calmer - recent

1. It's hard to believe, but is Europe's second most popular sport.
2. We'll talk about this later when you're feeling
3. She her job and went traveling in South America.
4. There are ways to answer your question.
5. The price of bananas has increased in weeks.
6. Finally, we found a doctor who was able to her of her depression.
7. A nurse measured my and checked my pulse in the hospital.
8. No one can you from attending this meeting.

67 Fill in the blanks with the words in the box. There is one extra word in the box.

decreased - hanging out - emotional - increased - prefer - heart attack - harmful - relationship - gain

1. Which color do you - blue or red?
2. A new-born baby will weight at around 30 grams per day.
3. He spent a few days with his old friends.
4. We've always had a good with our neighbors.
5. Her doctor said the problem was more than physical.
6. The number of new students from 210 to 160 this year.
7. You must eat more healthily or you will have a sooner or later.
8. Scientists agree that most diets don't work and can be even

68 Match the columns to make new words.

A	B
1. im	a. write
2. in	b. honest
3. un	c. danger
4. dis	d. freeze
5. re	e. important
6. mid	f. possible
7. anti	g. complete
8. en	h. way

69 Match synonyms. There is one extra word on the right.

A	B
1. press (clothes)	a. hurry
2. rush	b. confuse
3. socialize	c. especially
4. contain	d. iron
5. various	e. continue
6. produce	f. make
7. above all	g. include
8. keep on	h. mix
	i. different

70 Read the following words. Put the prefixes, roots and suffixes in each word in the correct column. Follow the example.

Example: unhealthy

1. unchangeable 2. early 3. unfriendly 4. disappearance
5. uncle 6. ineffective 7. unclear 8. family
9. international 10. valuable

prefix	root	suffix
Example: un	health	y
1.		
2.		
3.		
4.		
5.		
6.		
7.		
8.		
9.		
10.		

71 Match the columns to make new words.

A	B
1. press	a. able
2. relation	b. less
3. develop	c. ure
4. social	d. ist
5. comfort	e. ship
6. sick	f. ment
7. home	g. ness
8. special	h. ize

72 Fill in the blanks using your own knowledge.

- Give me one good why I should believe you.
- Can exercise and a diet prevent heart disease?
- People usually when they stop working, because they have reached a certain age.
- If you through a passage, you read it quickly to find the main ideas.
- He has many, including photography and gardening.
- When doctors a person or an animal, they make them healthy again after an illness.
- He was so tired that he fell at his desk. His friends decided not to wake him up.
- Would you telling me what you're doing in here?

73 Match two halves. There is one extra sentence on the right.

A	B
1. Although he had received little formal education,	a. try exercising more.
2. We asked Philip to come with us,	b. but there were no rooms available.
3. If you want to lose weight,	c. if you don't mind my saying so.
4. I tried several hotels,	d. but I'm working as fast as I can.
5. I dislike basketball,	e. and that's me in the middle.
6. Those are my two brothers,	f. he could read and write well.
7. You look a bit old for this job,	g. Alan began to climb the tree.
8. Trying not to look down,	h. but I enjoy baseball.
	i. as he knew the road.

74 Match two halves. There is one extra sentence on the right.

A	B
1. 'Aren't you ready yet?'	a. 'No, she grew up in Lavasan.'
2. 'I've made up my mind.'	b. 'The winter here has that effect sometimes.'
3. 'Have you checked in?'	c. 'I really don't mind. Whichever one you prefer.'
4. 'I'm feeling really depressed.'	d. 'Don't be so impatient. There's no need to hurry.'
5. 'Why don't you want to go to the party?'	e. 'This is what you were asking for.'
6. 'Do you like goat's milk?'	f. 'I don't know, I've never tried it.'
7. 'Did Zahra go to school in Karaj?'	g. 'No particular reason. I just feel like staying home.'
8. 'Which restaurant shall we go to?'	h. 'In that case, there's no point discussing it.'
	i. 'Oh, yes. I am in my room now.'

75 Match two halves. There is one extra sentence on the right.

A	B
1. It is impossible to predict	a. smoking and go on a diet.
2. Let's get together soon to discuss	b. more money on education.
3. The doctor told Tom to quit	c. from international tennis.
4. They have promised to spend	d. no matter if it rains.
5. She has decided to retire	e. the details of the trip.
6. The teacher asked us to stay	f. the amount of fat in his diet.
7. I've put a check on the map to mark	g. calm after the fire alarm went off.
8. The doctor told him to decrease	h. what will happen.
	i. where our street is.

76 Fill in the blanks with the words in the box. There is one extra word in the box.

predict – decrease – retire – proportion – diet – certain – calm – education – confusing

1. After 30 years of working as a teacher, my uncle is going to this week.
2. It is important to keep and think clearly and wisely in an emergency.
3. In those days it was very difficult for poorer people to get a university
4. I understand the passage but, honestly, the tables are me a little bit.
5. Since his heart attack, Mike has been on a low-fat, salt-free
6. Some vegetables are only available at times of the year.
7. There has been a of nearly 6 percent in the number of visitors to the museum.
8. We can with absolute confidence what is going to happen.

77 Fill in the blanks with the words in the box. There is one extra word in the box.

enable – prevent – heart attack – effective – harmful – condition – measure – couch potato – contain

1. Can you the desk to see if it'll fit into that corner?
2. The car hadn't been used much, and was in very good
3. He's turned into a real since he got into the habit of watching those new sports channels.
4. The new machines us to create copies without losing quality.
5. The room was barely big enough to everyone who came to the meeting.
6. There are many ways of using videos in language teaching.
7. His back injury may him from playing in tomorrow's game.
8. The little girl fell off the swing badly in the park and nearly gave her mom a

78 Match columns A and B. There is one extra word in column B.

A	B
1. regular	a. dish
2. effective	b. spelling
3. incorrect	c. event
4. mental	d. people
5. homeless	e. heartbeat
6. main	f. tire
7. flat	g. method
8. social	h. range
	i. disorder

79 Match columns A and B. There is one extra word in column B.

A	B
1. pump up	a patient
2. eat	blood pressure
3. attend	your shirt
4. measure	a tire
5. examine	injury
6. press	a balanced die
7. keep	pyramids
8. cause	social events
	calm

80 Match columns A and B. There is one extra word in column B.

A	B
1. discuss	a. sailing
2. prevent	b. your education
3. go	c. a bomb
4. continue	d. a plan
5. avoid	e. diseases
6. identify	f. asleep
7. disable	g. fatty foods
8. fall	h. discovery
	i. faces

81 Match columns A and B. There is one extra word in column B.

A	B
1. key	a. bars
2. candy	b. disorders
3. weight	c. centers
4. eating	d. points
5. wellness	e. specialists
6. miracle	f. exercise
7. cancer	g. injury
8. regular	h. loss
	i. drugs

82 Match columns A and B. There is one extra word in column B.

A	B
1. be cured of	a. technology
2. keys to	b. attention
3. addiction to	c. miracles
4. believe in	d. the party
5. an invitation to	e. condition
6. hang out with	f. information
7. worthy of	g. a disease
8. have access to	h. friends
	i. the secrets of

83 برای هر کلمه از ستون A یک تعریف از ستون B پیدا کنید. (یک تعریف در ستون B اضافی است).

A	B
A) In some cities, prices <u>vary</u> from shop to shop	a) without worry
B) A <u>balanced</u> diet contains lots of green vegetables	b) happening or starting a short time ago
C) My grandmother has a very <u>calm</u> manner	c) to be different from each other
	c) with all parts existing in the correct amounts

84 Match two halves. There is one extra sentence on the right.

A	B
1. Television has changed	a. the reasons behind the decision.
2. A balanced diet contains	b. Jane with her sister.
3. Smoking can increase	c. some of our social habits.
4. He hasn't ridden	d. the risk of developing heart disease.
5. He hopes to continue	e. his education after high school.
6. I sometimes confuse	f. a bike since he was a boy.
7. Carrie's gained	g. the northern regions of the country.
8. He explained	h. lots of fruits and green vegetables.
	i. a lot of weight recently.

85 Match the definitions with the words.

A	B
1. a way of eating in which you only eat certain foods	a. press
2. to find out the size or amount of something	b. cycling
3. a subject that you talk, write or learn about	c. prefer
4. the kind of things that someone likes or prefers	d. depression
5. to spend time with other people in a friendly way	e. topic
6. to make clothes smooth using a hot iron	f. diet
7. to like one thing or person better than another	g. measure
8. the sport or activity of riding a bicycle	h. socialize
	i. taste

86 Match the definitions with the words.

A	B
1. to spend time talking or doing something with someone	a. decrease
2. a person who spends a lot of time sitting and watching television	b. miracle
3. the force with which blood moves through a person's body	c. hang out with
4. to become or make something become smaller	d. cure
5. to make a person or an animal healthy again after an illness	e. groceries
6. to move or do something very quickly	f. recreation
7. a very amazing or unusual event or thing	g. couch potato
8. food and other goods sold at a supermarket	h. blood pressure
	i. rush

87 Fill in the blanks with the words in the box. There is one extra word in the box.

rushed - harmful - creative - condition - spend - calm - discuss - produce - disliked

- Mathematics was the only subject I at school.
- The northern regions over 50 percent of the country's rice.
- You should always use sunscreen to protect your skin from the effects of the sun.
- It's a good idea to your plans with your parents.
- I want to buy a new car, but I don't have much money to
- After yesterday's fighting, the region is now again.
- She was to hospital, where her life was saved.
- I enjoy my job, but I'd like to do something more

۸۸ کلمه‌ای را که با دیگر کلمات متفاوت است، پیدا کند.

الف 1) blood pressure 2) heart attack 3) hiking 4) gain weight

۸۹ جاهای خالی را با دانش واژگانی خود کامل کنید. (اولین حرف کلمات داده شده است).

الف Daily exercise can (p - - - - -) diseases.

90 Match synonyms. There is one extra word on the right.

A	B
1. as well as	a. forecast
2. sportsperson	b. restrict
3. predict	c. mix up
4. take part	d. in addition to
5. confuse	e. diverse
6. various	f. athlete
7. limit	g. include
8. identify	h. participate
	i. discover

91 Match synonyms. There is one extra word on the right.

A	B
1. ahead	a. helping
2. serving	b. identify
3. rewrite	c. sofa
4. enable	d. in the future
5. specialist	e. aim
6. unimportant	f. trivial
7. couch	g. allow
8. goal	h. revise
	i. expert

92 Match the columns to make new words.

A	B
1. im	a. continental
2. in	b. social
3. mis	c. respect
4. en	d. understand
5. dis	e. moral
6. anti	f. effective
7. inter	g. condition
8. pre	h. able

93 Match the definitions with the words.

A	B
1. an amount of food for one person	a. confuse
2. to stop somebody from doing something	b. disagree
3. to say that something will happen in the future	c. serving
4. to have a different opinion from someone else	d. prevent
5. done for enjoyment	e. disorder
6. to think wrongly that someone is someone else	f. predict
7. to make it possible for something to happen	g. retire
8. a physical or mental condition that is not normal or healthy	h. recreational
	i. enable

94 Fill in the blanks using your own knowledge.

1. If you something, you say that something will happen in the future
2. The new mobile phones come in shapes and sizes to suit all tastes.
3. An activity that you enjoy doing in your free time is your
4. A feeling of sadness that makes you think there is no hope for the future is called
5. I must respectfully with you on this point. I don't think this is the best way to solve the problem.
6. I'll agree to the plan on one : my name doesn't get mentioned to the media.

95 Match two halves. There is one extra sentence on the right.

A	B
1. My hearing's not very good -	a. make up your own mind.
2. No cake, thanks -	b. you look so alike.
3. Don't let him influence you -	c. I'm on a diet.
4. I always confuse you with your sister -	d. can you speak a little louder please?
5. The building is unsafe -	e. enter at your own risk.
6. He's very creative -	f. you'll have to redo it.
7. I can't read a word of this -	g. he writes poetry and paints.
8. Let Tom walk ahead -	h. they seem to have disappeared.
	i. he knows the way.

96 Fill in the blanks with the words in the box. There is one extra word in the box.

condition – development – addictions – events – causing – ahead – miracles – influence – invitations

1. They sent out more than 100 for the party which is going to be held next Friday.
2. Don't expect A hairdresser can't make a 50-year-old look like a 20-year-old.
3. She was under the of drugs and therefore could not drive for a few hours.
4. Many of the weekend's sporting were canceled because of bad weather.
5. To be sure, online education is still in the very early stages of on the World Wide Web.
6. The past year has been successful and, looking , we expect to do even better in the coming months.
7. The heavy rain has been serious problems on the roads.
8. Our science laboratories were in such a terrible we had to close them.

97 Match columns A and B. There is one extra word in column B.

A	B
1. a serving of	a. candies
2. a box of	b. a condition
3. a series of	c. a disease
4. a feeling of	d. the day
5. the topic of	e. rice
6. the early stages of	f. conversation
7. the middle of	g. happiness
8. a disorder of	h. experiments
	i. the blood

98 Match columns A and B. There is one extra word in column B.

A	B
1. develop	a. vitamins
2. buy	b. hearing
3. lose	c. death
4. contain	d. a goal
5. reach	e. a cure
6. receive	f. healthy
7. stay	g. groceries
8. cause	h. a patient
	i. an invitation

99 Match columns A and B. There is one extra word in column B.

A	B
1. work towards	a. a disease
2. socialize with	b. a diet
3. take part in	c. respect
4. skim through	d. drugs
5. pray for	e. a miracle
6. be worthy of	f. a goal
7. be addicted to	g. the report
8. go on	h. people
	i. the Olympics

100 Match the columns to make new words.

A	B
1. power	a. ship
2. improve	b. able
3. weak	c. hood
4. count	d. y
5. addict	e. less
6. neighbor	f. ist
7. hope	g. ness
8. friend	h. ment
9. journal	i. ful
10. discover	j. ion

101 Match the definitions with the words.

A	B
1. a hard yellow fruit like a large apple	a. hobby
2. a medical condition that makes you very unhappy	b. hiking
3. to have an effect on	c. dish
4. to stop working, usually because you have reached a certain age	d. avoid
5. the activity of taking long walks	e. depression
6. to prevent something bad from happening	f. groceries
7. food prepared in a particular way as a meal	g. retire
8. an activity that you enjoy doing in your free time	h. quince
	i. influence

با اضافه کردن پیشوند و یا پسوند مناسب به کلمات داخل پرانتز جاهای خالی را پر کنید.

الف It is To live without air. (possible)

- ب Samira's answer was It was not right. (correct)
 پ Most people are searching for without success. (happy)
 ت Government must do something to help the people. (home)
 103 Without a healthy , too much exercise can be harmful.

- 1) plan
 2) plain
 3) plane
 4) plant

نگارش (writing)

- 104 Complete the following sentences with gerunds. Make the necessary changes.

read paint shut stop meet

1. My uncle is thinking of his house.
 2. that book was very interesting.
 3. Do you mind the window, please?
 4. He drove two hundred miles without
 5. I've really enjoyed you.

- 105 Read the following sentences. Which of the underlined words is a gerund?

- 1) They were watching a football match when I called.
 2) Saeed is cycling in park right now.
 3) Farzaneh enjoys watching scientific movies.
 4) My favorite sport is hiking.

شکل صحیح کلمه داخل پرانتز را انتخاب کرده و جمله زیر را کامل کنید. ۱۰۶

..... (Learn / Learning) a language takes a long time.

- 107 Change the following verbs into gerunds. Then complete the sentences.

play walk fish do

- 1) My sister enjoys in the rain.
 2) Mehran loves volleyball.
 3) My dad goes on Fridays.
 4) Has she finished her homework?

- 108 Change the following verbs into gerunds. Then complete the sentences.

write eat travel do

- 1) fast food makes you fat.
 2) by train is cheap and safe.
 3) English well is one of my goals.
 4) regular exercise is useful for everyone.

109 Complete the following sentences.

1. Jane enjoys (plan) for the future.
2. He is good at (change) flat tires.
3. She goes (swim) every other week.
4. Thank you for (come) soon.
5. Our teacher can speak two hours without (use) notes.

110 Circle the gerunds.

1. Reza is tired of hearing that old story.
2. Mahsa was watching TV.
3. Don't worry about washing the dishes.
4. Thank you for coming soon.
5. He's going to the park now.

111 در متن زیر جاهای خالی را با شکل صحیح افعال داخل پرانتز کامل کنید.

Ali's Story

Ali has always enjoyed(1)..... (learn) English but he was afraid of (2)..... (use) dictionary to check English wrdrs. Ali was very good at (3)..... (speak) English. It was fun for him. Unfortunately, Ali's writing skill was not good and he had to practice (write) (4)..... in English very much.

112 با توجه به تصویر و متن داده شده، جاهای خالی را با کلمه داخل پرانتز کامل نمایید.

Nima Alamian is a famous sportsperson. He is a ping-pong(A)....., and he is very good at(B)..... ping-pong. Nima(C)..... ping-pong for many years. (play)



۱۱۳ با توجه به شماره جمله‌های داده شده، موارد خواسته شده هر جمله را در جای مناسب خود و داخل جدول بنویسید.



- A) Mr. Amini is fifty years old.
- B) He is going to retire this week.
- C) He has saved some children from danger.
- D) He was interested in saving others' lives.
- E) I think firefighters enjoy helping others.
- F) They always work very hard and give us a normal and healthy life .

Subject	AI (adverb of time)	Verb	Past participle	Gerund	Object
.....(A).....	(B).....	(C).....	(D).....	(E).....	(F).....

۱۱۴ با توجه به تصویر داده شده و کلمه داخل پرانتز، به سوالات پاسخ دهید.

الف What has made this little boy happy? (watch cartoons)



۱۱۵ گزینه صحیح را براساس ساختار صحیح نگارشی انتخاب نمایید.

الف I am not in a hurry. I do not mind

- a) wait b) to wait c) waits d) waiting

۱۱۶ با توجه به تصاویر داده شده به سوالات پاسخ کامل بدهید.

الف A: What is he interested in?

B: He is interested in



study the book

117 Fill in the blanks using the words below. There is one extra word in the box.

point – communicate – balanced – depression – addiction – relationships – death – praying

An effective way to enjoy a better lifestyle is having healthy (1) with others. Recent research has shown that a good social life decreases the risk of (2) Sadly, some people do not visit their relatives very often these days. They are really busy with their work and usually use technology to (3)

Bad habits can be harmful to health. One day of smoking can take around 5 hours away from the smoker's life. (4) to technology such as using computers for a long time is also dangerous.

Above all, the most important thing to enjoy a good life is having emotional health. (5) decreases stress and gives people a calm and (6) life. People with this lifestyle have had a better life. There are many other things people can do to live healthier and longer. The key (7) , however, is having a plan for the way they want to live and take care of their physical and emotional health.

118 Read the conversation carefully and then fill in the blanks using the sentences that follow.

Doctor: When did you last come in for a checkup?

Patient: I had my last checkup two years ago, doctor.

Doctor: (1) Blood work, an EKG or an X-ray?

Patient: Well, I had a few X-rays at the dentist.

Doctor: How have you been feeling in general?

Patient: Pretty well. No problem, really.

Doctor: Could you roll up your left sleeve? (2)

Patient: Certainly.

Doctor: 120 over 80. That's fine. You don't seem to be overweight, that's good. Do you exercise regularly?

Patient: No, not really. I think I need to do more exercise.

Doctor: That would be a good idea. (3)

Patient: I think I eat a pretty balanced diet. You know, I'll have a pizza from time to time, but generally, I have well-balanced meals.

Doctor: That's good. Now, (4) Please pull up your shirt, and breathe deeply... Everything sounds good.

Patient: Thank God!

Doctor: OK. Everything looks shipshape. Please, make sure you'll get back for a second checkup in six months.

Patient: (5)

- | | |
|---|---|
| a. How about your diet? | b. I'd like to take your blood pressure. |
| c. Thank you, doctor. Have a nice day. | d. Stop being a couch potato. |
| e. I'm going to listen to your heartbeat. | f. Have you had any other exams recently? |

119 Paul's parents are out for the day. His mother is phoning to check if he has done his jobs. Complete the dialogue with the correct form of the verbs in brackets.

Mum: Hello, Paul. Is everything OK?

Paul: Yes, thanks, Mum.

Mum: Have you cleaned (clean) your room yet?

Paul: Ah. There was a problem. I (1) (get) the vacuum cleaner out and (2) (try) to turn it on. But it (3) (not work).

Mum: Oh. That's a shame. So (4) (do) the shopping?

Paul: Well, I (5) (go) to the supermarket in the morning, but I (6) (forget) my wallet, so I couldn't actually buy anything.

Mum: Oh, Paul! What about your homework? (7) you (finish) that yet?

Paul: No, I'm sorry. I (8)

Mum: Why not?

Paul: Well, I (9) (lend) my math book to Tom yesterday. So when I (10) (look) in my bag this morning, the book wasn't there.

Mum: I can't believe it. So what (11) you (do) today?

Paul: (12) (watch) TV.

Mum: At least you (13) (not break) the TV yet!

120 Complete the text with the present perfect forms of the verbs in the box.

appear - become - not buy - buy - never fly
never learn - not meet - paint - pay - spend - win

Bill Ennis is an Australian artist. He has painted a lot of pictures and (1) a lot of prizes. Famous people around the world (2) his pictures. As a result, he (3) rich. But Bill is different from most people. Despite the fact that he has a lot of money, he (4) an expensive car or a big house. In fact, he (5) to drive and he still lives in the house that he grew up in. So how (6) Bill his money? He has created charities that help people in poor countries. These charities (7) for hundreds of children to go to school. But Bill (8) these children or been to their countries. In fact, Bill has never left Australia, although his pictures (9) in exhibitions around the world. He is afraid of flying so he (10) on a plane.

exhibition: نمایشگاه

121 Fill in the blanks using the phrases below to complete the following conversation.

hang out with your friends give it up gained a few kilos do better
keep off fatty and greasy foods eat the right food give me some suggestions

Patient: Doctor, can you (1) on how to stay healthy?

Doctor: Well, first of all, you need to make sure that you (2)

Patient: You know, it's sometimes very confusing to know what to eat and what not to eat.

Doctor: You need plenty of fruits and vegetables, small amounts of protein, and whole grains.

Patient: And, what should I avoid?

Doctor: You should (3) And, of course, too much salt and sugar.

Patient: After watching my diet, what else should I do to stay healthy?

Doctor: Getting 30 minutes of exercise a day is important. (4) more often, and if you smoke, (5) as soon as possible.

Patient: Sure, doctor! How about having a cup of tea or coffee every now and then? Is it OK?

Doctor: Actually, studies have shown that people who have a few cups of green tea or coffee per day (6) than those who don't drink.

122 Read the conversation carefully and then fill in the blanks using the sentences that follow.

John: Hello peter, I've just heard your brother's not feeling well. (1)

Peter: Hey John! Well, he's been feeling sick and depressed lately. He can't walk without getting some pain in his legs.

John: I am so sorry to hear that. So what is it for? (2)

Peter: I think it is a little bit of both. We have been to many doctors and they can't find anything wrong with him. They think it is because when he was younger he didn't take much care of himself.

John: That makes a lot of sense. (3)

Peter: That's what my brother tells me now every time I see him.

John: (4) Please say hello to him for me.

Peter: Thanks John. I'll pass on your regards to him when I see him next.

- a. Well, I do hope he'll get better soon.
- b. I prefer to stay home and watch movies on the weekend.
- c. What's the matter with him?
- d. I have always tried to live a healthy lifestyle since I was young.
- e. Old age, or is he sick?

123 Read the letter and choose the correct answers.

Dear Charlie

I'm writing / write / wrote (1) to you from my hotel room. I was arriving / have arrived / arrived (2) here yesterday afternoon. Unfortunately, I didn't have / had / having (3) a very good journey. Lots of other people were traveling / traveled / have traveled (4) yesterday, so the roads and airports were very busy. My room is nice but I couldn't slept / sleeping / sleep (5) last night. People are making / were making / made (6) a lot of noise outside my window. It was terrible. Tomorrow we're visiting / visit / visited (7) the Ancient City. I think it was / has been / will be (8) very interesting. I'll write again soon.

Betty

124 Complete the passage with suitable words from the box below.

since – never – for – yet – just – had – already – ago – ever – have

I (1) always been very fit and healthy, and I have (2) had a serious illness. However, a couple of weeks (3) I caught the flu. I must say that until then, I had not realized just how terrible the flu could be. I (4) a high temperature for nearly a week, and my whole body hurt. I don't think I have (5) felt so weak. It's taking me ages to get my strength back. It really worries me that I haven't had enough energy to play football (6) I got ill. In fact, I have (7) been to the doctor to ask if it's normal to feel weak for so long. He says I'll soon feel better. Apparently I'm lucky. For some people, especially the old and the weak, the flu can be very serious. Doctors have tried (8) years to find a cure for the flu, but they haven't found one (9) Fortunately, researchers have developed a vaccine which gives effective protection against the disease. According to my doctor, most of his elderly patients have (10) received their flu shots.

پاسخنامه تشریحی

۱

الف ۱. false ۲. false ۳. true

ب d

پ d

ت b

ث When we laugh, we feel calmer which makes the brain more active and so, we can remember more information.

ج It prevents us from living a normal life. It can give you headaches. It can cause heart attacks and other serious medical problems.

۲ ترجمه متن: سبک زندگی پیشرفته هم تأثیرات مثبت و هم منفی بر روی زندگی مردم داشته است. فن آوری‌های پیشرفته ما را قادر ساخته تا دسترسی آسانی به اطلاعات داشته باشیم، خلاق‌تر شویم، ارتباطات سریع را تجربه کنیم، راحت‌تر سفر کنیم و زندگی راحت‌تری داشته باشیم. آیا تا به حال دنیا را بدون اینترنت، تبلت، گوشی تلفن، هواپیماها و جاروبرقی تصور کرده‌اید؟ از آنجایی که فن آوری جادوی زمان ماست بسیاری از مردم نمی‌توانند آن را تصور کنند. اما استفاده از فن آوری‌های جدید سبک زندگی مردم را به شکل مضری نیز در این قرن تغییر داده است. برخی از فن آوری‌ها برای سلامتی ما خطرناک هستند و می‌توانند به بدن ما صدمه بزنند. استفاده از گوشی‌های موبایل یا گشتن در اینترنت به مدت طولانی می‌تواند فشار خون افراد را بالا ببرد و منجر به اختلالات خواب شود. انجام بازی‌های کامپیوتری به مدت طولانی مردم را عصبی می‌کند و به قلب و سیستم عصبی آنها آسیب می‌رساند. گوش کردن به موسیقی با همدست می‌تواند به شنوایی و حتی مغز افراد صدمه بزند.

استفاده از فن آوری در مسیر غلط، عادات بدی را به وجود آورده و منجر به گونه‌های جدیدی از اعتیاد شده است. عجیب نیست که امروزه برخی افراد را معتاد به اینترنت یا موبایل بنامیم. معتادان به فن آوری افرادی با مشکلات جدی برای کنترل خودشان در استفاده از انواع مختلفی از فن آوری، مخصوصاً اینترنت، گوشی‌های هوشمند، تبلت و لپ‌تاپ‌ها هستند. معتادان فن آوری تمایلی به روابط اجتماعی با افراد ندارند. به جای آن، ترجیح می‌دهند تنها باشند و بیشتر اوقاتشان را با کار کردن با وسایلیشان بگذرانند. این باعث می‌شود که آنها افسرده و بداخلاق شوند.

متخصصان راه‌های مختلفی برای درمان معتادان فن آوری یافته‌اند. برای اجتناب از این نوع اعتیاد، مردم باید وقت بیشتری را با دوستان و اعضای خانواده بگذرانند، ورزش روزانه انجام دهند و زمان کار با فن آوری را محدود کنند. آنها همچنین باید بیشتر از طبیعت لذت ببرند و برنامه منظمی برای سفر داشته باشند.

الف ۱. Technology has only negative effects. (F)

فن آوری فقط تأثیرات منفی دارد.

۲. Listening to music is harmful. (F)

گوش کردن به موسیقی مضر است.

۳. Technology may cause depression. (T)

فن آوری ممکن است منجر به افسردگی شود.

ب ۱. Who is a technology addict?

A person who uses technology in a wrong way.

چه کسی معتاد به فن آوری است؟ کسی که از فن آوری در روش غلط استفاده می‌کند.

۲. Are there any cure for technology addicts.

Yes, specialists have found different ways to cure technology addicts.

آیا درمانی برای معتادان فن آوری وجود دارد؟ بله، متخصصان راه‌های مختلفی برای درمان معتادان فناوری پیدا کرده‌اند.

پ

ایده اصلی پاراگراف‌های ۲ و ۳ را بنویسید.

آنها به ما در مورد آثار مخرب استفاده از فن آوری‌های جدید در یک راه غلط می‌گویند

Paragraphs ۲ and ۳ tell us about the harmful effects of using new technologies in a wrong way.

۳ 1) it is hard for everyone to be physically active.

2) Because they do not have time to cook or prepare healthy food.

3) Watching TV and working with technology for long hours have increased the risk of heart diseases and sleep disorders.

۴ داشتن یک زندگی سالم تر و طولانی تر

آیا تاکنون به مدل زندگی سالم برای زندگی طولانی تر فکر کرده‌ای؟ انسان می‌تواند کارهای زیادی برای داشتن یک زندگی سالم تر، انجام دهد. بسیاری از افراد یک رژیم غذایی مخصوص دارند و یا ورزش زیادی می‌کنند. هرچند بدون یک طرح و برنامه دقیق، ممکن است به خودشان صدمه بزنند.

برای داشتن یک سبک زندگی سالم تر، آدم‌ها باید کارهای معینی انجام دهند، ابتدا باید سلامتی عمومی‌شان را بررسی کنند.

اندازه‌گیری فشار خون و ضربان قلب مهم‌ترین کار است. آن‌ها همچنین باید پیشینه سلامتی خانواده‌یشان را نیز بررسی کنند. به این طریق، آن‌ها متوجه می‌شوند که آیا کسی در خاندانشان بیماری مخصوصی داشته است یا نه.

موضوع دیگر، توجه به سلامتی فیزیکی است. برای مثال، خوردن غذای سالم به زندگی طولانی تر کمک می‌کند و از بیماری‌ها جلوگیری می‌کند. خوردن هله هوله باعث افزایش وزن می‌شود و باعث افزایش خطر حمله قلبی می‌شود. خوردن وعده‌های متوازن از نان، سبزیجات، میوه‌ها، پروتئین، و روغن برای همه ضروری است. همچنین، ورزش‌های روزانه باعث بهبود شرایط سلامتی افراد می‌شود.

یک راه مؤثر برای لذت بردن از یک سبک زندگی بهتر، داشتن یک رابطه سالم با دیگران است. تحقیق اخیر نشان می‌دهد که یک زندگی اجتماعی خوب خطر مرگ را کاهش می‌دهد. متأسفانه، برخی افراد خیلی این روزها خویشاوندانشان را ملاقات نمی‌کنند. آن‌ها واقعاً سرشان شلوغ است و معمولاً از فن‌آوری برای ارتباط استفاده می‌کنند.

عادات بد و اعتیاد می‌تواند برای سلامتی مضر باشد. یک روز سیگار می‌تواند حدود ۵ ساعت از عمر فرد سیگاری را بگیرد. اعتیاد به فن‌آوری همچون استفاده از رایانه به مدت زیاد نیز خطرناک است.

بالتر از همه، مهم‌ترین چیز برای لذت بردن از یک زندگی خوب، داشتن سلامت احساسی است. دعا باعث کاهش استرس می‌شود و به افراد آرامش و زندگی متوازن می‌دهد. مردم با این شیوه زندگی، زندگی بهتری داشته‌اند.

کارهای زیاد دیگری برای داشتن زندگی سالم تر و طولانی تر وجود دارد. هرچند موضوع کلیدی، داشتن برنامه برای سبک زندگی و مراقبت از سلامت فیزیکی و احساسی‌شان است.

الف

جملات زیر را بخوانید. هر ایده را در متن پیدا کرده و سپس شماره پاراگرافی را که درباره آن بحث می‌کند، بنویسید.

■ paragraph ۳

داشتن رابطه سالم با دیگران زندگی مان را بهتر می‌کند.

■ paragraph ۴

اعتیاد یک عادت مضر است.

■ paragraph ۲

توجه به غذا برای سلامتی فیزیکی ما ضروری است.

ب

متن را اجمالی بررسی کنید. دور ایده اصلی خط بکشید.

a) Smoking is harmful to health.

سیگار کشیدن برای سلامتی مضر است.

b) Having a healthy and long life needs a careful plan. (✓)

داشتن یک زندگی سالم و طولانی نیاز به یک برنامه سنجیده دارد.

c) Praying gives people a healthy life.

دعا به افراد، یک زندگی سالم می‌دهد.

پ

متن را برای پیدا کردن اطلاعات زیر بررسی کنید.

a) Eating junk food makes people gain weight, and increases the risk of heart attack.

b) We can check our general health by measuring blood pressure and heart beat.

c) The most important factor to have a healthier life is having emotional health.

چه چیزی خطر حمله قلبی را افزایش می‌دهد؟

ما چطور می‌توانیم سلامتی عمومی‌مان را بررسی کنیم؟
مهمترین عامل، برای داشتن یک زندگی سالم‌تر چیست؟

۵

الف b

ب d

الف b

الف a) True

ب b) False

پ c) Technology always changes.

ت a) Technology helps people get what they want

ث (It has made life comfortable) by faster and easier communication and transportation.

ج Using technology in wrong way may create bad habits and new types of addictions.

۶

۷

۸

الف ۱. false

۲. false

۳. true

ب a: gain

پ c: increase the level of stress.

ت ۱. He has discovered that at prayer times, the body's metabolism decreases, blood pressure goes down and our heartbeats become calmer and more regular.

۲. Praying helps decrease the stress levels.

۹

الف ۱. true

۲. true

ب b: wonderful

پ b: through social media

ت They sent letters and they met each other face-to-face.

ث Humans have become antisocial beings by communicating through social media instead of visiting each other.

۱۰

الف ۳

ترجمه: هنر، روش زندگی و شناسنامه یک ملت و منعکس‌کننده تاریخ یک جامعه است.

۱) سبک زندگی ۲) فرهنگ ۳) اقتصاد ۴) فهم مردم

ب ۱

در جمله بالا کدام یک از موضوعات زیر منعکس (شناسایی) نشده است؟

۱- سبک زندگی ۲- فرهنگ ۳- اقتصاد ۴- فهم مردم

لازم است که سبک زندگی خود را تغییر دهیم تا زندگی سالم‌تر، شادتر و طولانی‌تری داشته باشیم.

در جمله بالا به (۱) = تغییر سبک زندگی اشاره دارد.

۱۱

الف a

ب c

۱۲

جاهای خالی را با شکل صحیح فعل‌ها پر کنید.

۱. hasn't finished ۲. read ۳. have worked ۴. hasn't found ۵. have gone

(۱) شیدا هنوز خواندن کتاب را تمام نکرده است.

(۲) آیا تا به حال آن کتاب داستان را خوانده‌ای؟

(۳) کارگران برای ۲۵ سال در این کارخانه کار کرده‌اند.

(۴) رضا هنوز شغل پیدا نکرده است.

(۵) من از ده سال پیش به مدرسه رفته‌ام.

۱۳ من ۵۵ سال دارم و این هفته قرار است بازنشسته شوم. وقتی به گذشته نگاه می‌کنم و کتاب زندگی‌ام را می‌خوانم، می‌بینم که زندگی جالبی داشته‌ام. من در یک خانواده خوب متولد شدم. پدرم معلم و مادرم پرستار بود. آن‌ها همیشه سخت کار می‌کردند و به من یک زندگی سالم و طبیعی دادند. وقتی بچه بود، می‌خواستم یک آتش‌نشان شوم. بعد از دانشگاه به آتش‌نشانی پیوستم. من ۳۰ سال است آنجا کار می‌کنم. این کاری سخت، اما هیجان‌انگیز است. من خیلی سخت کار کردم تا یک آتش‌نشان خوب شوم. در ۲۵ سال گذشته در مأموریت‌های زیادی بوده‌ام. اما صادقانه بگویم، به خاطر ندارم که چند نفر را نجات داده‌ام و چند نفر را خوشحال کرده‌ام. البته یک چیز را با اطمینان می‌دانم: من از هر لحظه زندگی‌ام، به عنوان یک آتش‌نشان لذت برده‌ام.

I am ۵۵ years old now and I am going to retire this week. When I look back and read the book of my life, I see that I (have - **have had**) a very interesting life. I was born into a good family. My father was a teacher and my mother was a nurse. They always worked very hard and gave me a normal and healthy life. When I was a kid, I (**wanted** - have wanted) to become a firefighter. After university, I (join - **joined**) the Fire Service. I (**have worked** - work) there for ۳۰ years. It is a really difficult but exciting job. I (**worked** - work) very hard to become a good firefighter. I (**have been** - was) in many missions for the past ۲۵ years. But honestly, I don't remember how many lives I (**have saved** - save) and how many people I (**have made** - make) happy. Of course one thing I know for sure: I (**have enjoyed** - enjoy) every minute of my life as a firefighter

۱۴

:ANSWER

1. in ۲۰۱۰ 2. ever 3. recently 4. twice
5. at nine o'clock 6. never 7. on Sunday 8. lots of times

(۱) در ۲۰۱۰ برف بارید.

(۲) آیا او تا به حال از تو عکس گرفته است؟

(۳) من اخیراً شکلات نخورده‌ام.

(۴) او دوبار هلن را دیده است.

(۵) ما جک را در ساعت ۹ دیدیم.

(۶) آن‌ها تا به حال ما را ندیده‌اند.

(۷) آیا او یکشنبه با تو تماس گرفت؟

(۸) من این کتاب را بارها خوانده‌ام.

۱۵ ANSWER:

۱. Paul's cleaned ... ۲. The flowers have not grown ...
۳. I've told ... ۴. She's not done ...
۵. We've had ... ۶. David's not seen ...
۷. We've won ... ۸. The film has started ...

- (۱) پاول زمین را تمیز کرد.
- (۲) گل‌ها رشد زیادی نکرده‌اند.
- (۳) من به بیل در مورد آن گفته‌ام.
- (۴) او تکالیفش را انجام نداده است.
- (۵) ما نهار خورده‌ایم.
- (۶) دیوید ما را ندیده است.
- (۷) ما بردیم.
- (۸) فیلم شروع شده است.

۱۶

ANSWER: پاسخ

- seen. ۱
- sent. ۲
- spoken. ۳
- spent. ۴
- told. ۵
- broken. ۶
- written. ۷
- won. ۸

- (۱) دیدن (۲) فرستادن (۳) صحبت کردن
- (۴) گذراندن (۵) گفتن (۶) شکستن
- (۷) نوشتن (۸) بُردن

ANSWER: ۱۷

۱. Learning to speak English isn't hard at all.
۳. Have you ever driven a car?
۵. I spend too much time watching television.

۲. We went fishing at the lake yesterday.
۴. I am really tired of sitting in the classroom.
۶. My brother hasn't woken up yet.

- (۱) صحبت کردن به انگلیسی اصلاً سخت نیست.
- (۲) ما دیروز به دریاچه برای ماهی‌گیری رفتیم.
- (۳) آیا تا به حال ماشین را رانده‌ای؟
- (۴) من واقعاً از نشستن در کلاس درس خسته هستم.
- (۵) من زمان زیادی را صرف تلویزیون دیدن می‌کنم.
- (۶) برادر من هنوز بیدار نشده است.

ANSWER: ۱۸

past simple	past participle
drank	had
had	run
bought	bought
spoke	left
left	written
made	done
ran	drunk
read	made
chose	read
did	spoken
took	chosen
wrote	taken

۱۹

ANSWER:

1. since 2. for 3. for 4. since
5. for 6. since 7. since 8. for

- ۱) آیا آن کتاب را از ۸ سالگیات داشته‌ای؟
۲) ما برای ۵ دقیقه اینجا بوده‌ایم.
۳) او ده سال آنجا کار کرده است.
۴) من تو را از آگوست ندیده‌ام.
۵) او برای مدتی طولانی مریض بوده است.
۶) او از ۲۰۰۹ تنیس بازی می‌کند.
۷) تو از ماه پیش وزن کم کرده‌ای.
۸) من رایان را به مدت ۳ ماه است که می‌شناسم.

۲۰

ANSWER:

since ...	for ...
April	
nine o'clock	ten days
۲۰۰۲	two weeks
1st October	a short time
Sunday	three years
I was	a few minutes
eight	about half an hour

۲۱: ANSWER

ever
ever

۲. never
۵. ever

۳. never
۴. never

- (۱) آیا تا به حال ماهی و سیب زمینی خورده‌ای؟
- (۲) من تا به حال به آمریکا نرفته‌ام.
- (۳) ماری تا به حال سرما نخورده است.
- (۴) آیا بن تا به حال در یک دفتر کار کرده است؟
- (۵) آیا ماری و بیل تا به حال تو را به خانه‌شان دعوت کرده‌اند؟
- (۶) معلمان امی تا به حال همچنین دانش آموز باهوش ندیده‌اند.

ANSWER: ۲۲

۱. d ۲. b ۳. c ۴. e ۵. f ۶. a

- (۱) او بشقاب‌ها را درون کمد قرار داده است.
- (۲) او هنوز صبحانه نخورده است.
- (۳) او ماشین را تمیز کرده است.
- (۴) هنوز باران قطع نشده است.
- (۵) او سگ را برای پیاده‌روی برده است.
- (۶) او هنوز به سرکار نرفته است.

۲۳

ANSWER: پاسخ

۱. d ۲. e ۳. c ۴. f ۵. b ۶. a

- (۱) جک برای ۳ سال در آن دفتر کار کرده است.
- (۲) از زمانی که متولد شدم در آن خانه زندگی کرده‌ام.
- (۳) آن‌ها از وقتی که همدیگر را در مدرسه ملاقات کردند، دوست هستند.
- (۴) غذا برای سه دقیقه در ماکروویو بود.
- (۵) سارا از زمانی که ترم آخر را شروع کرده است، دور (از خانه) در دانشگاه بوده است.
- (۶) برادر تیم از پنج سالگی در ریاضی خوب بوده است.

ANSWER: ۲۴

۱. She quit / quitted smoking two months ago.
۲. She hasn't smoked for two months.
۳. Have you ever been to Shiraz?
۴. Did you watch that TV show last night?
۵. They still live in that town. They have lived there for ages.
۶. A friend of mine won a gold medal in cycling three years ago.
۷. When did you finish your homework?
۸. They enjoyed themselves at the party last summer.

ANSWER: ۲۵

۱. Has your father given up smoking yet?
۲. She enjoys socializing with her friends and family.
۳. Surfing the Internet for long hours can cause sleep problems.
۴. Nobody was interested in buying my old car.
۵. We haven't seen her since she went hiking.
۶. We talked about moving to Tabriz for hours.

ANSWER:

gone. ۱ ۲. been ۳. been ۴. gone
been. ۵ ۶. gone

در جملات حال کامل وقتی از have/has+been استفاده می‌کنیم، اما have/has+been وقتی استفاده می‌شود که انجام کار هنوز تمام نشده باشد. مثلاً جمله اول نشان می‌دهد که سلی (Sally) الان در بانک است.

۲۷ ۱. answering ۲. making ۳. listening ۴. losing
۵. reading ۶. living ۷. using ۸. forgetting ۹. trying ۱۰. being

۱) او سعی کرد که از پاسخ دادن به سؤال من خودداری کند.

۲) ممکن است لطفاً آنقدر سر و صدا نکنی؟

۳) من از گوش دادن به موسیقی لذت می‌برم.

۴) اگر ولت را در آن بانک بگذاری، خطر از دست دادن پولت را به جان می‌خری.

۵) آیا (هنوز) خواندن روزنامه را تمام کرده‌ای؟

۶) ما باید سبک زندگی‌مان را تغییر بدهیم.

۷) من ناراحت نمی‌شود از موبایلم استفاده کنی، فقط لطفاً اول از من اجازه بگیر.

۸) حافظه من دارد بدتر می‌شود. من چیزها را فراموش می‌کنم.

۹) من از تلاش برای کاهش وزن دست کشیده‌ام، آن غیرممکن است.

۱۰) چه کار احمقانه‌ای! آیا می‌توانی تصور کنی کسی آنقدر احمق باشد؟

۲۸ ANSWER:

۱. of ۲. in ۳. from ۴. with
۵. on ۶. about ۷. against ۸. by

۲۹ ANSWER:

1. goes sailing 2. went swimming 3. go skiing 4. goes riding
5. gone shopping

۳۰ ANSWER:

۱. Have you done your homework?
۲. We have visited all the museums in the town.
۳. Has Helen used her new computer?
۴. Has anyone seen Fred today?
۵. Has he ever driven a bus?
۶. How many plates have they broken?
۷. I have never eaten fish.
۸. 'What's the matter?' 'I'm late and the bus hasn't arrived.'

۳۱ ANSWER:

1. in 2. from 3. of
4. with 5. by 6. for

۳۲ ANSWER:

۱. Alice is good at singing.
۲. I'm interested in buying that phone.
۳. I'm slow at typing.
۴. She's worried about arriving late.
۵. This video is useful for improving your English.

۶. We're thinking of going to a concert on Saturday.
۷. Thank you for making the dinner.
۸. I have a plan for watching a good film tonight.

- (۱) آلیس در خواندن خوب است.
(۲) من به خرید آن موبایل علاقه‌مندم.
(۳) من در تایپ کردن آرام هستم.
(۴) او در مورد دیر رسیدن نگران است.
(۵) این ویدئو برای بهبود انگلیسی‌تان مفید است.
(۶) ما به رفتن به یک کنسرت در شنبه فکر می‌کنم.
(۷) ممنون از شما برای درست کردن شام.
(۸) من یک برنامه برای دیدن یک فیلم خوب در امشب دارم.

- (۳۳) 1. waiting 2. losing
3. swimming 4. cleaning
5. doing 6. drinking
7. sleeping 8. cooking
9. winning 10. hiking
11. practicing 12. meeting

- (۱) من از منتظر ماندن برای اتوبوس متنفرم.
(۲) بیلی همیشه کلیدهایش را گم می‌کند.
(۳) آیا به شنا در دریاچه رفتی؟
(۴) آیا تمیز کردن اتاق را تمام کردی؟
(۵) من از شستشو ناراحت نمی‌شوم.
(۶) من نوشیدن نوشابه را ترک کرده‌ام.
(۷) روزی هنوز در تخت است. او خوابیدن را دوست دارد.
(۸) من خوردن را دوست دارم ولی من از پختن بدم می‌آید.
(۹) من جایزه بردن را دوست دارم.
(۱۰) دوستم هر روز به پیاده‌روی می‌رود.
(۱۱) تو می‌توانی با تمرین کردن پیشرفت کنی.
(۱۲) ما از ملاقات معلم اصلی لذت بردیم.

- (۳۴) b) since
(۳۵) 1) grew up 2) check in
(۳۶) 1) know 2) have interviewed 3) has worked 4) hasn't

- (۳۸) ANSWER:
۱. yet ۲. already ۳. already ۴. yet
۵. already ۶. yet

- (۳۹)
ANSWER:

(B) (۳۷)

	past simple	past participle
1. know	knew	known
2. finish	finished	finished
3. catch	caught	caught
4. forget	forgot	forgotten
5. do	did	done
6. put	put	put
7. happen	happened	happened
8. break	broke	broken

۴۰ ANSWER:

۱. She's not done any homework for a month.
۳. She's downloaded two songs since yesterday.
۵. She's made some new friends since last week.
۷. She's visited four new places since Saturday.
۲. She's not gone to bed early since last Friday.
۴. She's not eaten school food for four weeks.
۶. She's gone fishing for three days.
۸. She's read two books since her holiday started.

۴۱ ANSWER:

1. Swimming is good.
2. Driving a bus is difficult.
3. Laughing a lot is important.
4. Studying history is interesting.
5. Eating vegetables is healthy.
6. Seeing in the dark is impossible.
7. Telling lies is wrong.
8. Being with your friends is fun

- ۱) شنا کردن خوب است.
- ۲) راندن اتوبوس سخت است.
- ۳) زیاد خندیدن مهم است.
- ۴) مطالعه تاریخ جالب است.
- ۵) خوردن سبزیجات سالم است.
- ۶) دیدن در تاریکی غیرممکن است.
- ۷) دروغ گفتن اشتباه است.
- ۸) بودن با دوستان جالب است.

۴۲

به تصاویر نگاه کنید و با استفاده از زمان حال کامل جاهای خالی را با افعال دو کلمه‌ای مناسب پُر کنید.

- الف haven't given up smoking
- ب have checked in a hotel
- پ has turned on the radio
- ت hasn't woken up

آن‌ها هنوز سیگار کشیدن را ترک نکرده‌اند.

من وارد یک هتل شده‌ام.

او رادیو را روشن کرده است.

برادرم هنوز بیدار نشده است.

الف He / My grandfather has turned on the radio this morning.

۴۴

الف hasn't given up (hasn't quit)

- ۴۵** ۱. went ۲. have been ۳. has arrived ۴. arrived
۵. wrote ۶. has made ۷. forgot ۸. have forgotten
۹. haven't had ۱۰. didn't eat ۱۱. bought ۱۲. have bought

۴۶ ANSWER:

۱. Mary has had a lot of problems since she met Jack.
۲. Using new technologies has created new types of addictions.
۳. She decided to practice parking the car once more.
۴. I prefer driving to traveling by train.
۵. Has she finished doing her homework yet?
۶. Would you mind not parking here?

- ۴۷** ۱. have not seen ۲. stood ۳. stopped ۴. Have you bought
۵. didn't visit ۶. have downloaded ۷. has broken ۸. Did you sleep
۹. did ۱۰. Has it stopped ۱۱. took ۱۲. has won

- (۱) آیا دوست دارید این دی وی دی را تماشا کنید؟ بله لطفاً، من آن فیلم را ندیده‌ام.
(۲) معلم وارد کلاس شد و بچه‌ها بلند شدند.
(۳) هنگامی که او داشت به سمت خانه پیاده روی می‌کرد، باران قطع شد.
(۴) آیا یک ژاکت جدید خریده‌ای؟ بله باحاله، نه؟
(۵) آن‌ها به نیویورک رفتند اما موزه هنر مدرن را ندیدند.
(۶) آیا موسیقی او را دوست داری؟ بله من همه آهنگ‌های او را دانلود کرده‌ام.
(۷) موبایل من کار نمی‌کند، کسی آن را شکسته است.
(۸) هنگامی که به استرالیا پرواز کردی، در هواپیما خوابیدی؟
(۹) او تکالیفش را قبل از مدرسه انجام داد.
(۱۰) آیا باران قطع شده است، بله، بیا برویم و تنیس بازی کنیم.
(۱۱) او کمد را باز کرد و قهوه را برداشت.
(۱۲) او خوشحال بنظر می‌رسد. بله، او مسابقه موسیقی را برد.

- ۴۸** ۱. of ۲. in ۳. with
۴. without ۵. from ۶. on

- ۴۹** ۱. ever ۲. for ۳. yet ۴. just ۵. never ۶. since
۷. for ۸. already ۹. still ۱۰. yet ۱۱. just ۱۲. already

۵۰

الف

(d)(۰.۵)

ب

گزینه C

داشت دیر می‌شد، اما مری تصمیم گرفت که مطالعه را ادامه دهد.
بعد از حروف اضافه فعل همراه با ing به کار می‌رود.

پ

(d)(۰.۵)

آیا به دوستان تلفن کردی؟ خیر، با آن‌ها تماس نگرفتم.
call up به معنی تماس گرفتن و فعل جداشدنی است و مفعول به صورت ضمیر مفعولی قبل از جزء قیدی (up) بکار می‌رود.

ت

(b) (۰.۵)

ث

(d) (۰.۵)

ج

(a) (۰.۵)

۵۱

الف

گزینه b

فکر می کنم که فوتبال بازی کردن برای چند ساعت او را خسته کرد.
نکته: در ابتدای جمله (that clause) فعل به صورت اسم مصدر (با ing) می آید.

ب

(b) (۰.۵)

آیا علی در حال درآوردن کفش هایش است؟ بله، او در حال درآوردن آن ها است.

پ

(a) (۰.۵)

ت

(c) (۰.۵)

او برای سر و صدای کلاس مسئول است.
بعد از responsible از حرف اضافه for استفاده یم کنیم.

ث

(b) (۰.۵)

تعدادی از کودکان خردسال از کمک کردن به مادرانشان در آشپزخانه لذت بردند.
بعد از enjoy فعل همراه با ing بکار می رود.

ج

(d) (۰.۵)

۵۲

الف

He is awake, but he hasn't got up yet.

او بیدار است اما هنوز بلند نشده است.

ب

Mr. Smith has just checked out (of the hotel). He's on his way to the airport.

آقای اسمیت الآن از هتل بیرون آمده است. او در راه به سمت فرودگاه است.

پ

Reza has given up smoking since he had a heart attack.

رضا از وقتی که یک حمله قلبی داشت، سیگار کشیدن را ترک کرده است.

ت

Mom's waiting, but John hasn't called back yet.

مادر منتظر است اما جان هنوز تماس نگرفته است.

ث

Mike has just given back the book (to the school library).

مایک تازه کتاب را به (کتابخانه مدرسه) برگردانده است.

ج

He has just turned the light on.

او تازه چراغ را روشن کرده است.

۵۳

۱ – fortunateless → unfortunately

۲- impossible → impossible

۳- goodly → well

۴- wonderless → wonderful

ترجمه ایمیل:

سلام، بابک

من قصد داشتم امشب به اصفهان سفر کنم. اما متأسفانه افتادم و پاهایم شکست. بنابراین غیرممکن است امشب بیایم. اگر اوضاع خوب پیش برود، می‌توانم ماه آینده بیایم. من واقعا عاشق دیدن شهر زیبای (شگفت‌انگیز) اصفهان هستم.

۵۴ من می‌خواهم درباره غذای مورد علاقه‌ام، کباب، صحبت کنم. من از وقتی به ایران سفر کردم آن را می‌شناسم (شناخته‌ام). وقتی در آنجا بودم، دو سیخ آن فقط دو دلار قیمت داشت. خیلی خوشمزه و مغذی است. من کباب خیلی دوست دارم.

talk to → talk about

knew → known

piece → pieces

dollar → dollars

۵۵ ANSWER:

۱. Take this medicine every six hours. It should take some of the pain away in a day or two.
۲. Don't be so impatient. I'm working as fast as I can.
۳. This job is so boring. I wish I could do something more creative.
۴. I don't want to influence you. You must decide on your own.
۵. Watch out! There's a car coming.
۶. You'll have to speak more loudly. I'm afraid she's a little hard of hearing.
۷. There was a car accident near our school yesterday. It was a miracle that nobody was killed.
۸. We only just started. We're not going to quit now.

۵۶ ANSWER:

- | | | | |
|------------|---------------|-------------|--------------|
| ۱. tick | ۲. sweet | ۳. go up | ۴. close |
| ۵. because | ۶. especially | ۷. medicine | ۸. watch out |

(۱) بررسی کردن (۲) شیرینی

(۳) بالا رفتن (۴) بستن

(۵) زیرا (۶) مخصوصاً

(۷) دارو (۸) مراقب بودن

۵۷ ANSWER:

- | | | |
|-------------|-----------|-----------|
| ۱. cycling | ۲. diet | ۳. potato |
| ۴. positive | ۵. get up | ۶. prefer |

۵۸ ANSWER:

۱. imagined
۲. properly
۳. addictions
۴. weight
۵. rarely
۶. prefer
۷. cure
۸. manner

۵۹ ANSWER:

۱. higher education
۲. daily exercise
۳. emotional health
۴. a harmful habit
۵. nervous system
۶. a balanced diet
۷. a calm manner

- | | |
|------------------|-------------------|
| ۱) تحصیلات عالیه | ۲) ورزش روزانه |
| ۳) سلامت روانی | ۴) یک عادت مضر |
| ۵) سیستم عصبی | ۶) یک رژیم متعادل |
| ۷) یک رفتار آرام | |

۶۰ ANSWER:

۱. surf the net ۲. gain weight
۳. produce a movie ۴. skim the newspaper
۵. feel unsafe ۶. quit college
۷. shut the door ۸. go cycling

- | | |
|----------------------|-------------------------|
| ۱) در اینترنت گشتن | ۲) افزایش وزن پیدا کردن |
| ۳) فیلم تولید کردن | ۴) روزنامه را ورق کردن |
| ۵) احساس ناامنی کردن | ۶) ترک کالج |
| ۷) در را بستن | ۸) رفتن به دوچرخهسواری |

۶۱ ANSWER:

۱. family members ۲. Mount Damavand
۳. heart attack ۴. couch potato
۵. health condition ۶. vacuum cleaner
۷. midterm exams ۸. television addicts

- | | |
|----------------------|---------------------|
| ۱) اعضای خانواده | ۲) کوه دماوند |
| ۳) حمله قلبی | ۴) فرد تنبل |
| ۵) شرایط سلامتی | ۶) جاروبرقی |
| ۷) امتحانات میان‌ترم | ۸) معتادان تلویزیون |

۶۲

- a. کارکردن b. آهسته دویدن c. وقت گذراندن d. خوردن e. پرسه زدن - گشتن f. بالا رفتن

۱. Behzad likes eating junk food when he's watching TV.

بهزاد خوردن تنقلات هنگام تماشای تلویزیون را دوست دارد.

۲. Reza is surfing the net.

رضا در حال گشتن در اینترنت (وبگردی) است.

۳. I go out and jog every morning at ۶.

من هر روز صبح ساعت ۶ بیرون می‌روم و آهسته می‌دوم

۴. Mahdi hangs out with his friends on Fridays.

مهدی جمعه‌ها وقتش را با دوستانش می‌گذراند.

۵. They climbed Mount Damavand last year

آنها پارسال از کوه دماوند بالا رفتند.

۶۳ ANSWER:

۱. impolite ۲. disorder ۳. unhealthy ۴. incorrect
۵. antibacterial ۶. recharge

(۱) بی ادب

(۲) اختلال

(۳) غیر سالم

(۴) غلط

(۵) آنتی باکتریال

(۶) دوباره شارژ کردن

۶۴ ANSWER:

۱. disappear ۲. uncountable ۳. antibiotic
۴. midnight ۵. impatient ۶. irregular

(۱) ناپدید شدن

(۲) بی شمار

(۳) آنتی بیوتیک

(۴) نیمه شب

(۵) بی صبر

(۶) بی قاعده

۶۵ ANSWER:

۱. jog ۲. candy ۳. depressed ۴. emotional
۵. skim ۶. properly ۷. quit ۸. biking

(۲) آبنبات

(۱) دویدن

(۴) احساسی

(۳) افسرده

(۶) به درستی

(۵) تورق کردن

(۸) دو چرخه سواری کردن

(۷) ترک کردن

۶۶ ANSWER:

۱. cycling
۲. calmer
۳. quit
۴. various
۵. recent
۶. cure
۷. blood pressure
۸. prevent

۶۷ ANSWER:

۱. prefer

- ۲. gain
- ۳. hanging out
- ۴. relationship
- ۵. emotional
- ۶. decreased
- ۷. heart attack
- ۸. harmful

۶۸

:ANSWER

- ۱. impossible ۲. incomplete ۳. unimportant ۴. dishonest
- ۵. rewrite ۶. midway ۷. antifreeze ۸. endanger

- (۱) غیر ممکن
- (۲) ناکامل
- (۳) غیر مهم
- (۴) غیر صادق
- (۵) باز نویسی
- (۶) میانه راه
- (۷) یخ زدایی
- (۸) در معرض خطر

۶۹

:ANSWER

- ۱. iron ۲. hurry ۳. mix ۴. include
- ۵. different ۶. make ۷. especially ۸. continue

- (۱) اتو
- (۲) عجله
- (۳) ترکیب شدن
- (۴) حاوی بودن، در برداشتن
- (۵) متفاوت
- (۶) ساختن
- (۷) مخصوصاً
- (۸) ادامه دادن

۷۰ ANSWER:

prefix	root	suffix
۱.un	change	able
۲.	early	
۳.un	friend	ly
۴.dis	appear	ance
۵.	uncle	
۶.in	effect	ive
۷.un	clear	ion
۸.	family	
۹.inter	nation	al
۱۰.....	value	able

۷۱

ANSWER:

۱. pressure ۲. relationship ۳. development ۴. socialize
۵. comfortable ۶. sickness ۷. homeless ۸. specialist

- (۱) فشار
(۲) رابطه
(۳) پیشرفت
(۴) معاشرت
(۵) راحت
(۶) بیماری
(۷) بی‌خانمان
(۸) متخصص

۷۲ ANSWER:

۱. reason ۲. healthy / balanced ۳. retire ۴. skim
۵. hobbies ۶. cure ۷. asleep ۸. mind

۷۳ ANSWER:

۱. Although he had received little formal education, he could read and write well.
۲. We asked Philip to come with us, as he knew the road.
۳. If you want to lose weight, try exercising more.
۴. I tried several hotels, but there were no rooms available.
۵. I dislike basketball, but I enjoy baseball.
۶. Those are my two brothers, and that's me in the middle.
۷. You look a bit old for this job, if you don't mind my saying so.
۸. Trying not to look down, Alan began to climb the tree.

۷۴ ANSWER:

۱. 'Don't be so impatient. There's no need to hurry.'
۲. 'In that case, there's no point discussing it.'

۳. 'Oh, yes. I am in my room now.'
۴. 'The winter here has that effect sometimes.'
۵. 'No particular reason. I just feel like staying home.'
۶. 'I don't know, I've never tried it.'
۷. 'No, she grew up in Lavasan.'
۸. 'I really don't mind. Whichever one you prefer.'

۷۵ ANSWER:

۱. It is impossible to predict what will happen.
۲. Let's get together soon to discuss the details of the trip.
۳. The doctor told Tom to quit smoking and go on a diet.
۴. They have promised to spend more money on education.
۵. She has decided to retire from international tennis.
۶. The teacher asked us to stay calm after the fire alarm went off.
۷. I've put a check on the map to mark where our street is.
۸. The doctor told him to decrease the amount of fat in his diet.

۷۶ ANSWER:

- | | |
|--------------|--------------|
| ۱. retire | ۲. calm |
| ۳. education | ۴. confusing |
| ۵. diet | ۶. certain |
| ۷. decrease | ۸. predict |

۷۷ ANSWER:

- | | |
|-----------------|-----------------|
| ۱. measure | ۲. condition |
| ۳. couch potato | ۴. enable |
| ۵. contain | ۶. effective |
| ۷. prevent | ۸. heart attack |

۷۸ ANSWER:

- | | |
|-----------------------|---------------------|
| ۱. regular heartbeat | ۲. effective method |
| ۳. incorrect spelling | ۴. mental disorder |
| ۵. homeless people | ۶. main dish |
| ۷. flat tire | ۸. social event |

- (۱) ضربان قلب منظم
- (۲) روش مؤثر
- (۳) املائی غلط
- (۴) اختلال روانی
- (۵) افراد بی خانمان
- (۶) غذای اصلی
- (۷) لاستیک پنچر

۷۹ ANSWER:

- | | |
|-------------------------|---------------------------|
| ۱. pump up a tire | ۲. eat a balanced diet |
| ۳. attend social events | ۴. measure blood pressure |
| ۵. examine a patient | ۶. press your shirt |
| ۷. keep calm | ۸. cause injury |

- (۱) لاستیک را باد کردن
- (۲) خوردن یک رژیم متعادل
- (۳) شرکت در گردهمایی‌های اجتماعی
- (۴) اندازه گرفتن فشارخون
- (۵) معاینهٔ یک بیمار
- (۶) اتو کردن پیراهن
- (۷) آرام ماندن
- (۸) باعث آسیب شدن

۸۰ ANSWER:

- | | |
|----------------------|----------------------------|
| ۱. discuss a plan | ۲. prevent diseases |
| ۳. go sailing | ۴. continue your education |
| ۵. avoid fatty foods | ۶. identify faces |
| ۷. disable a bomb | ۸. fall asleep |

- (۱) در مورد برنامه‌ای صحبت کردن
- (۲) جلوگیری از بیماری‌ها
- (۳) رفتن به قایق‌سواری
- (۴) ادامه تحصیل دادن
- (۵) دوری از غذاهای چرب
- (۶) تشخیص چهره‌ها
- (۷) یک بمب را خنثی کردن
- (۸) رفتن به خواب

۸۱ ANSWER:

- | | |
|-----------------------|---------------------|
| ۱. key points | ۲. candy bars |
| ۳. weight loss | ۴. eating disorders |
| ۵. wellness centers | ۶. miracle drugs |
| ۷. cancer specialists | ۸. regular exercise |

- (۱) نکات کلیدی
- (۲) میلهٔ آب نبات
- (۳) کاهش وزن
- (۴) اختلالات خوردن
- (۵) مراکز سلامتی
- (۶) داروهای معجزه‌ای
- (۷) متخصصان سرطان
- (۸) تمرین منظم

۸۲ ANSWER:

- | | |
|-------------------------------|-------------------------------|
| ۱. be cured of a disease | ۲. keys to the secrets of |
| ۳. addiction to technology | ۴. believe in miracles |
| ۵. an invitation to the party | ۶. hang out with friends |
| ۷. worthy of attention | ۸. have access to information |

- (۱) از بیماری‌ای درمان شدن
- (۲) کلید رازهای...
- (۳) اعتیاد به تکنولوژی
- (۴) باور داشتن به معجزه‌ها
- (۵) دعوت به مهمانی
- (۶) بیرون رفتن با دوستان
- (۷) قابل توجه
- (۸) دسترسی داشتن به اطلاعات

۸۳

- A) c
B) d
C) a

۸۴ ANSWER:

۱. Television has changed some of our social habits.
۲. A balanced diet contains lots of fruits and green vegetables.
۳. Smoking can increase the risk of developing heart disease.
۴. He hasn't ridden a bike since he was a boy.
۵. I hope to continue my education after high school.
۶. I sometimes confuse Jane with her sister.
۷. Carrie's gained a lot of weight recently.
۸. He explained the reasons behind the decision.

۸۵ ANSWER:

۱. diet ۲. measure ۳. topic ۴. taste
۵. socialize ۶. press ۷. prefer ۸. cycling

- | | |
|-----------------|-----------------------|
| (۱) رژیم | (۲) اندازه‌گیری |
| (۳) موضوع | (۴) سلیقه |
| (۵) معاشرت کردن | (۶) اتو کردن |
| (۷) ترجیح دادن | (۸) دوچرخه‌سواری کردن |

۸۶

ANSWER

۱. hang out with ۲. couch potato ۳. blood pressure ۴. decrease
۵. cure ۶. rush ۷. miracle ۸. groceries

- (۱) بیرون رفتن، گشت و گذار کردن
- (۲) فرد تنبل و یکجانشین
- (۳) فشار خون
- (۴) کاهش
- (۵) درمان
- (۶) عجله
- (۷) معجزه
- (۸) مواد غذایی، خواروبار

۸۷ ANSWER:

۱. disliked
۳. harmful
۵. spend
۷. rushed

۲. produce
۴. discuss
۶. calm
۸. creative

- (۱) ریاضیات تنها موضوعی در مدرسه بود که دوست نداشتم.
- (۲) مناطق شمالی بیش از ۵۰ درصد برنج کشور را تأمین می‌کنند.
- (۳) شما باید همیشه از ضدآفتاب استفاده کنید تا از پوستتان در برابر تأثیرات مضر آفتاب جلوگیری کنید.
- (۴) ایده خوبی است که در مورد برنامه‌هایتان با والدینتان مشورت کنید.
- (۵) من می‌خواهم یک ماشین جدید بخرم، اما پول زیادی برای خرج کردن ندارم.
- (۶) پس از دعوای دیروز، منطقه اکنون دوباره آرام است.
- (۷) او به سوی بیمارستان، جایی که جانش در آن نجات پیدا کرده بود، با عجله رفت.
- (۸) من از شغلم لذت می‌برم، اما دوست دارم کار خلاقانه‌تری انجام بدهم.

۸۸

الف ۳

- ۱ - فشار خون
- ۲ - حمله قلبی
- ۳ - پیاده‌روی (طولانی)
- ۴ - چاق شدن

۸۹

الف prevent

۹۰ ANSWER:

- | | | | |
|-------------------|------------|-------------|----------------|
| ۱. in addition to | ۲. athlete | ۳. forecast | ۴. participate |
| ۵. mix up | ۶. diverse | ۷. restrict | ۸. discover |

- | | |
|-------------------|------------------|
| (۱) علاوه بر | (۲) ورزشکار |
| (۳) پیش‌بینی کردن | (۴) شرکت کردن |
| (۵) مخلوط کردن | (۶) متنوع |
| (۷) محدود کردن | (۸) شناسایی کردن |

۹۱ ANSWER:

- | | | | |
|------------------|------------|-----------|----------|
| ۱. in the future | ۲. helping | ۳. revise | ۴. allow |
| ۵. expert | ۶. trivial | ۷. sofa | ۸. aim |

- | | |
|-----------------|----------------------------|
| (۱) در آینده | (۲) کمک، خدمت |
| (۳) ویرایش | (۴) اجازه دادن، قادر ساختن |
| (۵) ماهر، متخصص | (۶) غیرمهم |

۹۲ ANSWER:

- | | | | |
|---------------|----------------|---------------------|-----------------|
| ۱. immoral | ۲. ineffective | ۳. misunderstand | ۴. enable |
| ۵. disrespect | ۶. antisocial | ۷. intercontinental | ۸. precondition |

- | | |
|------------------|-----------------|
| (۱) غیر اخلاقی | (۲) غیر مؤثر |
| (۳) سوء تفاهم | (۴) قادر ساختن |
| (۵) بی احترامی | (۶) غیر اجتماعی |
| (۷) داخل قاره‌ای | (۸) پیش شرط |

۹۳ ANSWER:

- | | | | |
|-----------------|------------|------------|-------------|
| ۱. serving | ۲. prevent | ۳. predict | ۴. disagree |
| ۵. recreational | ۶. confuse | ۷. enable | ۸. disorder |

- | | |
|-------------------|------------------|
| (۱) پُرس | (۲) جلوگیری کردن |
| (۳) پیش‌بینی کردن | (۴) مخالفت |
| (۵) تفریحی | (۶) گیج کردن |
| (۷) قادر ساختن | (۸) اختلال |

۹۴ ANSWER:

- | | | |
|---------------|------------------------|--------------|
| ۱. predict | ۲. various / different | ۳. hobby |
| ۴. depression | ۵. disagree | ۶. condition |

- (۱) اگر چیزی را پیش‌بینی کنی، چیزی را که آینده اتفاق می‌افتد را می‌گویی.
- (۲) تلفن‌های همراه جدید در طرح‌ها و سبک‌های متنوع ارائه می‌شود تا پاسخگوی تمام سلیقه‌ها باشد.
- (۳) فعالیتی که از انجامش در زمان آزادی لذت می‌بری سرگرمی توست.
- (۴) احساس راحتی که باعث می‌شود حس کنی امیدی برای آینده وجود ندارد افسردگی است.
- (۵) من با احترام باید با تو در مورد این موضوع مخالفت کنم. من فکر می‌کنم این بهترین راه برای حل این مشکل باشد.
- (۶) من با برنامه با یک شرط موافقت می‌کنم: اسم من به رسانه ذکر نشود.

۹۵ ANSWER:

۱. My hearing's not very good – can you speak a little louder please?
۲. No cake, thanks – I'm on a diet.
۳. Don't let him influence you – make up your own mind.
۴. I always confuse you with your sister – you look so alike.
۵. The building is unsafe – enter at your own risk.
۶. He's very creative – he writes poetry and paints.
۷. I can't read a word of this – you'll have to redo it.
۸. Let Tom walk ahead – he knows the way.

۹۶ ANSWER:

- | | | | |
|----------------|-------------|--------------|--------------|
| ۱. invitations | ۲. miracles | ۳. influence | ۴. events |
| ۵. development | ۶. ahead | ۷. causing | ۸. condition |

۹۷ ANSWER:

- | | |
|------------------------------|----------------------------------|
| ۱. a serving of rice | ۲. a box of candies |
| ۳. a series of experiments | ۴. a feeling of happiness |
| ۵. the topic of conversation | ۶. the early stages of a disease |
| ۷. the middle of the day | ۸. a disorder of the blood |

۹۸ ANSWER:

۱. develop a cure ۲. buy groceries
۳. lose hearing ۴. contain vitamins
۵. reach a goal ۶. receive an invitation
۷. stay healthy ۸. cause death

۹۹ ANSWER:

۱. work towards a goal ۲. socialize with people
۳. take part in the Olympics ۴. skim through the report
۵. pray for a miracle ۶. be worthy of respect
۷. be addicted to drugs ۸. go on a diet

۱۰۰ ANSWER:

۱. powerful ۲. improvement ۳. weakness ۴. countable ۵. addiction
۶. neighborhood ۷. hopeless ۸. friendship ۹. journalist ۱۰. discovery

- ۱) قدرتمند ۲) پیشرفت
۳) ضعف ۴) قابل شمارش
۵) اعتیاد ۶) همسایه
۷) ناامید ۸) دوستی
۹) خبرنگار ۱۰) کشف

۱۰۱

ANSWER:

۱. quince ۲. depression ۳. influence ۴. retire
۵. hiking ۶. avoid ۷. dish ۸. hobby

- ۱) به ۲) افسردگی
۳) تأثیر ۴) بازنشسته شدن
۵) پیادمری ۶) جلوگیری کردن
۷) پرس ۸) تفریح

۱۰۲

الف impossible

ب incorrect

پ happiness

ت homeless

زندگی بدون هوا غیرممکن است.

سؤال سمیرا غلط بود. آن صحیح نبود.

بیشتر مردم به دنبال خوشحالی، بدون موفقیت هستند.

دولت باید کاری برای کمک به مردم بی‌خانمان کند.

۱۰۳

بدون یک برنامه درست، ورزش زیاد می‌تواند مضر باشد.

- ۱۰۴ 1. painting 2. Reading 3. shutting 4. stopping 5. meeting

جملات زیر را کامل کنید.

- (۱) عمویم به رنگ کردن خانه‌اش فکر می‌کند.
- (۲) خواندن آن کتاب بسیار جالب بود.
- (۳) می‌شود لطفاً پنجره را ببندی؟
- (۴) او ۲۰۰ مایل بدون توقف رانندگی کرد.
- (۵) من از ملاقات با تو واقعا لذت بردم.

۱۰۵

جملات زیر را بخوانید. کدامیک از لغات خط کشیده شده یک اسم مصدر است؟

They were watching a football match when I called.
Saeed is cycling in park right now.
Farzaneh enjoys watching scientific movies.
My favorite sport is hiking.
Numbers ۳ and ۴ are gerund

- (۱) وقتی تماس گرفتیم آن‌ها داشتند مسابقه فوتبال می‌دیدند.
 - (۲) سعید اکنون دارد در پارک دوچرخه‌سواری می‌کند.
 - (۳) فرزانه از دیدن فیلم‌های علمی لذت می‌برد.
 - (۴) ورزش مورد علاقه من پیاده‌روی است.
- شماره ۳ و ۴ اسم مصدر هستند.

۱۰۶ Learning

۱۰۷

افعال زیر را به اسم مصدر تغییر دهید. سپس جملات را کامل کنید

۱. doing ۳. fishing ۲. playing walking

- (۱) خواهر من از راه رفتن در باران لذت می‌برد.
- (۲) مهران والیبال بازی کردن را دوست دارد.
- (۳) پدر من جمعه‌ها به ماهی‌گیری می‌رود.
- (۴) آیا او انجام دادن تکالیفش را تمام کرده است؟

۱۰۸

افعال زیر را به اسم مصدر تغییر دهید. سپس جملات زیر را کامل کنید.

۱. Eating ۲. Traveling ۳. Writing ۴. Doing

- (۱) خوردن فست‌فود شما را چاق می‌کند.
- (۲) سفر با قطار ارزان و ایمن است.
- (۳) خوب نوشتن انگلیسی یکی از اهداف من است.
- (۴) انجام فعالیت‌های منظم برای همه مفید است.

۱۰۹

جملات زیر را کامل کنید.

۱. Planning ۲. changing ۳. swimming ۴. coming ۵. using

(۱) جین از برنامه‌ریزی برای آینده لذت می‌برد.

(۲) او در تعویض لاستیک پنچر خوب است.

(۳) او هر هفته به شنا می‌رود.

(۴) ممنون از اینکه زود آمدید.

(۵) معلم ما می‌تواند دو ساعت بدون استفاده از یادداشت‌هایش صحبت کند.

110 ANSWER:

۱. Reza is tired of hearing that old story.

۲. Mahsa was watching TV.

۳. Don't worry about washing the dishes.

۴. Thank you for coming soon.

۵. He's going to the park now.

111 1) learning 2) using 3) speaking 4) writing

112 A) player

B) playing

C) has played

113 A) Mr. Amini.

B) this week.

C) has saved.

D) interested.

E) helping.

F) us/ a normal and healthy life.

114

الف Watching cartoons has made this little boy happy.

115

الف d

116

الف (He is interested in) studying the book.

117 ANSWER:

1. relationships 2. death 3. communicate 4. Addiction

5. Praying 6. balanced 7. point

118 ANSWER:

۱. f ۲. b ۳. a ۴. e ۵. c

119 ANSWER:

1. got 2. tried 3. didn't work 4. have you done

5. went 6. forgot 7. Have you finished 8. haven't

9. lent 10. looked 11. have you done 12. I've watched

13. haven't broken

120 ANSWER:

1. has won 2. have bought 3. has become 4. hasn't bought 5. has never learned

6. has Bill spent 7. have paid 8. hasn't met 9. have appeared 10. has never flown

121 ANSWER:

1. give me some suggestions
2. eat the right food
3. keep off fatty and greasy foods
4. Hang out with your friends
5. give it up
6. do better

۱۲۲ ANSWER:

۱. c ۲. e ۳. d ۴. a

۱۲۳ ۱. writing ۲. arrived ۳. have ۴. were traveling

۵. sleep ۶. were making ۷. we're visiting ۸. will be

۱۲۴ ۱. have ۲. never ۳. ago ۴. had ۵. ever

۶. since ۷. just ۸. for ۹. yet ۱۰. already